



PROGRAM: Social Club

TIME: 4pm – 7pm

DAY: Wednesday

FACILITATOR: Nikki Wood

AIM: The aim of the Social Club program is to create opportunities for participants to connect with others, have fun, and feel a sense of belonging while taking part in engaging group activities that promote choice, independence and positive social interaction.

GOALS: (Relates to NDIA goals of clients)

- I want to be able to develop and maintain friendships and participate in community activities.
- I would like to access the community and broaden my social networks by meeting new friends and participating in a variety of activities.
- I want to continue to develop her social skills and build relationships with other using appropriate supports by participating in recreational activities in the local community.
- I want to improve her communication skills using appropriate supports so she can communicate better with people.
- I would like to have the skills I need to build positive relationships with others and develop age-appropriate friendships.
- To develop myself awareness and understanding of personal safety so that I can safely participate in social and recreational activities.
- I would like to increase my participation in the community and develop skills to live as independently as I can.
- I would like to increase my ability to access the community independently and feel safe and secure.
- Increased Community Access
- Developing Independent Living Skills
- Improved Social and Relationship Development
- Developing Concentration Skills
- Improving Overall Health and Wellbeing
- Increasing Independence

OUTCOMES:

- Greater Social and Interaction Skills
- Greater Capability of Building and Maintaining Respectful Relationships
- Increased Concentration
- Increased Confidence, Self Esteem and Self worth
- Increased Mobility (coordination, dexterity, gross motor skills, fine motor skills)
- Increased Community Connections



WEEK	TOPIC	WHAT TO BRING	COST
WEEK 13 DATE: 1.4.26	Easter trivia	Water bottle, closed in shoes.	\$5
WEEK 14 DATE:8.4.26	Dinner out	Money to pay for own meal.	
WEEK 15 DATE:15.4.26	Bingo	Water bottle, closed in shoes.	\$5
WEEK 16 DATE:22.4.26	Just dance/dance fit	Water bottle, closed in shoes.	\$5
WEEK17 DATE:29.4.26	Dam – games night	Water bottle, closed in shoes.	\$5
WEEK18 DATE: 6.5.26	Trivia	Water bottle, closed in shoes.	\$5
WEEK 19 DATE: 13.5.26	Colour fun event	Water bottle, closed in shoes.	\$5
WEEK 20 DATE: 20.5.26	Bingo	Water bottle, closed in shoes.	\$5
WEEK 21 DATE: 27.5.26	Just dance/dance fit	Water bottle, closed in shoes.	\$5
WEEK 22 DATE: 3.6.26	Dinner out	Money to pay for own meal.	
WEEK 23 DATE: 10.6.26	Trivia – Pop culture and music	Water bottle, closed in shoes.	\$5
WEEK 24 DATE: 17.6.26	Dam – games night	Water bottle, closed in shoes.	\$5

Disclosure Notice: Please note that a contribution of \$5 per week will be used to support program resources and small prizes for session activities. These funds help ensure a variety of engaging materials and opportunities are available for participants. If you have any recommendations, suggestions, or questions regarding program activities or resource use, please feel free to reach out. Kind regards, Nikki W