



**PROGRAM: The Press Club**

**TIME: 9:00 AM – 11:00 AM**

**DAY: Monday**

**FACILITATOR: Vasma Hassan**

**AIM:** To empower individuals with learning disabilities by fostering their communication skills, building meaningful connections, and exploring the art of storytelling through journalism in a supportive and inclusive environment.

**GOALS: (Relates to NDIA goals of clients)**

- Stronger Social Connections
- Enhanced Communication Skills
- Increased Self-Confidence
- Understanding of Journalism
- Practical Media Experience
- Creative Expression

**OUTCOMES:**

**Stronger Social Connections**

*Outcome Area: Social & Community Participation*

Participants will develop meaningful social relationships by working collaboratively, participating in group activities, and engaging positively with peers.

**Enhanced Communication Skills**

*Outcome Area: Communication*

Participants will improve their verbal and non-verbal communication skills, including speaking clearly, listening actively, and expressing ideas confidently.

**Increased Self-Confidence**

*Outcome Area: Choice and Control / Improved Daily Living*

Participants will build confidence and self-esteem through sharing their opinions, contributing to group decisions, and receiving encouragement and feedback.

**Understanding of Journalism**

*Outcome Area: Learning & Skill Development*

Participants will gain foundational knowledge of journalism, including storytelling, asking questions, and sharing information responsibly.

**Practical Media Experience**

*Outcome Area: Capacity Building – Skills Development*

Participants will develop practical skills by participating in interviews, filming content, and contributing to media projects.

**Creative Expression**

*Outcome Area: Social & Community Participation / Improved Wellbeing*

Participants will explore creative self-expression by developing their own voice and ideas through media and storytelling.



RESOURCES:	
Internet	
Personal mobile phones	
iPad/Computer	
Camera	
Canva – Pro Subscription	
AI program	
“Media Room”	
Materials prepared for the week	

❖ Please find attached Risk Assessment

WEEK	TOPIC	WHAT TO BRING	COST
<b>WEEK 1</b> <b>DATE:</b> <b>6<sup>TH</sup> April</b>	PUBLIC HOLIDAY		
<b>WEEK 2</b> <b>DATE:</b> <b>13<sup>TH</sup> April</b>	Quarter Launching and Program Planning	Healthy snacks	NIL COSTS
<b>WEEK 3</b> <b>DATE:</b> <b>20<sup>TH</sup> April</b>	Pre-Production for the Disco at the Mirror Club Ad	Healthy snacks Hat, water and sunnies (optional)	NIL COSTS
<b>WEEK 4</b> <b>DATE:</b> <b>27<sup>TH</sup> April</b>	Filming the Disco Ad	Healthy snacks Hat, water and sunnies (optional)	NIL COSTS
<b>WEEK 5</b> <b>DATE:</b> <b>4<sup>TH</sup> May</b>	PUBLIC HOLIDAY		
<b>WEEK 6</b> <b>DATE:</b> <b>11<sup>TH</sup> May</b>	Editing the Disco Ad	Healthy snacks Hat, water and sunnies (optional)	NIL COSTS
<b>WEEK 7</b> <b>DATE:</b> <b>18<sup>TH</sup> May</b>	Disco Ad Final Review and Release Preparation	Healthy snacks Hat, water and sunnies (optional)	NIL COSTS
<b>WEEK 8</b> <b>DATE:</b> <b>25<sup>TH</sup> May</b>	Cultural Awareness Project Planning	Healthy snacks	NIL COSTS
<b>WEEK 9</b> <b>DATE:</b> <b>1<sup>ST</sup> June</b>	Cultural awareness interview and research preparation	Healthy snacks	NIL COSTS



<b>3<sup>rd</sup> June</b> <b>Wednesday</b> <b>Night</b>	<b>SPECIAL PROJECT:</b> <b>FILMING EMERALD SHOW</b>	Warm Clothing Money for dinner/snacks Water	NIL COSTS
<b>WEEK 10</b> <b>DATE:</b> <b>8<sup>th</sup> June</b>	Filming the cultural awareness project	Healthy snacks	NIL COSTS
<b>WEEK 11</b> <b>DATE:'</b> <b>15<sup>th</sup> June</b>	Continue filming or begin editing	Healthy snacks	NIL COSTS
<b>WEEK 12</b> <b>DATE:</b> <b>22<sup>nd</sup> June</b>	Editing and review of cultural awareness video	Healthy snacks	NIL COSTS
<b>Week 13</b> <b>DATE:</b> <b>29<sup>th</sup> June</b>	Final review, release planning, and reflection	Healthy snacks	NIL COSTS