

AUTUMN 2022



# THE Yumba Yarn

YUMBA BIMBI SUPPORT SERVICES

**Ticket of approval for Kane**

**Martin: consistently striving for more**

**See our YB 2022 group programs on offer**

**Yumba Bimbi's**

*Why*



## YB UPDATE

### DID YOU HEAR?

#### ➔ Containers for change



As part of our commitment to sustainable practices, Yumba Bimbi has set up 'Containers for Change' bins at our Service Sites and Head Office. We would be appreciative to receive containers. Alternatively, you can recycle your containers at the *Containers for Change* site and quote **Yumba Bimbi's ID: C10052122**. The monies received will support children and adults with disability in our community.

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#### ➔ The Yumba Yarn



Yumba Bimbi Support Services is a not-for-profit organisation in Emerald, Qld. It supports children and adults with disability within the Central Highlands and Western Qld region. We are proud to be showcasing our stories through our quarterly magazine, The Yumba Yarn. If you would like to download a copy, please click [here](#).



### A special MESSAGE

*from Carmel*

**21 years ago, no one knew that a volunteer of YB would go on to have a pivotal role in shaping the future of Yumba Bimbi. Rachel's ability to look forward and see what's next, and translate that into what we need to do right now to be ready for what is to come, has been invaluable in the changing landscape of the disability sector.**

**Her focus on participants and their families; ensuring that decisions are about what's best for them (not what is easiest for the organisation), has meant that during the tumultuous time of transition to NDIS, YB has not lost sight of its mission.**

**As a leader, collaborator, advocate, and mentor, Rachel has inspired and supported the team at YB; and continues to do so for the benefit of participants and families.**

**Congratulations Rache on 21 years with YB - the organisation is blessed by your dedication and long-time commitment.**

**Carmel Marshall  
Chair of YB**



*I don't need  
easy.  
I just need  
possible.*

Bethany Hamilton



Join us by  
subscribing to  
our mail list

Our quarterly Yumba Yarn magazine celebrates diversity and inclusion in our community. The Yumba Yarn will keep you up to date with everything that is happening at YB. We'd love you to come on board!



TO  
SUBSCRIBE!

## ACKNOWLEDGEMENT TO COUNTRY

Yumba Bimbi Support Services acknowledge the Traditional Custodians of the lands on which we meet, work and learn.

We pay respect to the First Nation's peoples; their elders, past, present and emerging.

We value cultural diversity in our region and view Aboriginal and Torres Strait Islander cultures and heritage as integral in a shared national identity.

We have a strong commitment to building inclusive and vibrant communities.

We are committed to providing services and opportunities that are respectful and accessible to all members of the community.

**THE COFFEE  
IS ON US:**  
*your  
community*



Hanky, owner of Kings Coffee House in front of the Pay-it-forward initiative giving a big thumbs up.

In partnership with Kings Coffee House Emerald, a Pay-it-forward scheme has been introduced. The process involves paying for coffee in advance to anyone who feels they do not have the money to buy one. It is an anonymous contribution. If you know of someone who may need a 'coffee on behalf of our community,' please send them to Kings Coffee House located at The Plaza, Emerald.

Thinking and acting progressively through

# maybo training

Yumba Bimbi Support Services engaged the services of **Maybo** to deliver training that promotes a person-centred human rights based approach to providing compassionate support in our sector. YB have taken away a greater depth of knowledge through their course. We look forward to seeing our Maybo facilitator again for our annual refresher.

The team at Maybo deliver training to a multitude of industries and organisations. Click [here](#) for more information.

## NDIS Glossary:

### Reasonable and Necessary

Reasonable means something fair and, necessary means something you must have. The NDIS funds reasonable and necessary supports relating to a person's disability to help them live an ordinary life and pursue their goals.



DO YOU WANT TO BECOME A  
**YB COMMUNITY  
CHAMPION?**

Would you like to create a more inclusive workplace by opening up opportunities for people living with disability to volunteer or work in your organisation or business?

Please contact Head Office on 07 4987 7933 to find out more.

LET US CONTINUE TO **build inclusive communities**



# EMERALD PRINTING

A local business with over 40 years experience in the printing industry.

Pop in to see how Mim and Paul can help you!

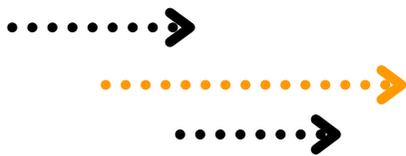
48 Egerton Street  
PO Box 662  
Emerald, Qld, 4720  
Ph: 07 4982 2277



LIMITLESS



Left of page: Kane being assessed by Rod at L.D Training. Below: Kane



**limitless**

**adjective**

**without end, limit, or boundary**



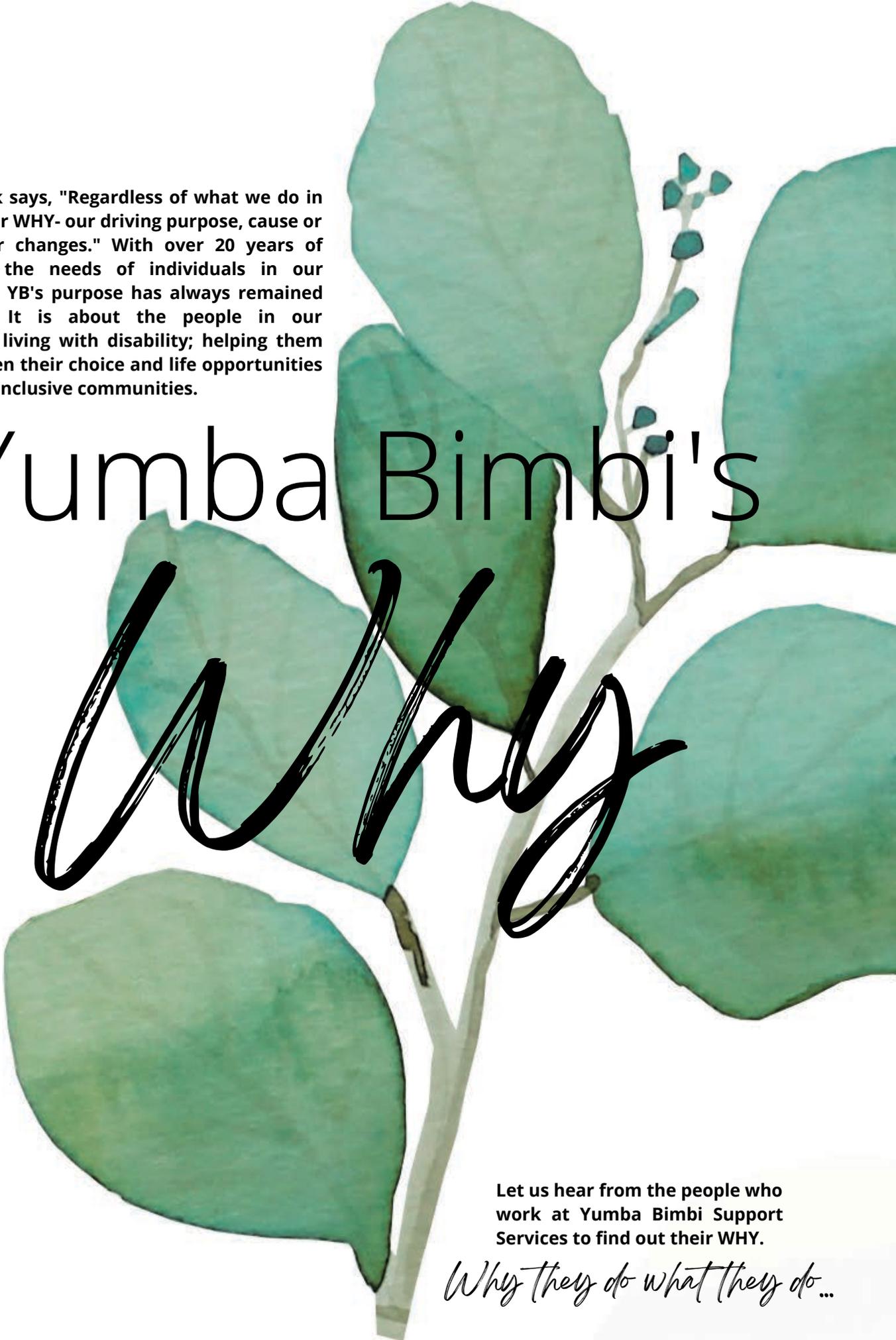
**KANE** is a hard-working and independent person. He works 2 jobs: at Emerald IGA and, with Glenda Bell at her Horse Training facility also located in Emerald. Kane has his motorbike licence, car licence, strappers licence and now has a forklift licence to add to the list. The possibilities and potential are limitless for Kane.

Kane first learned to drive a forklift many years ago however, he was interested in having his competencies officially recognised through the *Licence to Operate a forklift course*. The units of assessment for TLILIC003 includes; planning the work for prevailing working conditions, using the controls and operating systems to manage the operation of the equipment, locating the load and identifying the load characteristics, safely moving the load, monitoring the controls and stopping, shutting down and, securing the equipment after the completion of operations. This certification was a welcomed challenge for Kane.

With a theory and practical component to complete across the 2-day course, YB Support Workers helped prepare Kane well in advance. Brady, a YB Support Worker explains, "There was a lot of revision done at his home practising the questions." There were allocated study periods but also moments throughout the day where Kane would be quizzed. At times if Kane was uncertain, Brady states, "We would prompt Kane by rephrasing the question. Over time Kane was responding to the questions independently."

L.D training in Emerald was very supportive according to Brady. He says, "Rod at L.D training helped Kane develop the knowledge to pass the test." Kane says he wasn't nervous for his test, explaining that he enjoyed the experience and comments he feels good about officially obtaining this licence. We look forward to witnessing the next goal Kane seeks to accomplish.





Simon Sinek says, "Regardless of what we do in our lives, our WHY- our driving purpose, cause or belief never changes." With over 20 years of supporting the needs of individuals in our community, YB's purpose has always remained the same. It is about the people in our community living with disability; helping them to strengthen their choice and life opportunities by building inclusive communities.

# Yumba Bimbi's

# Why

Let us hear from the people who work at Yumba Bimbi Support Services to find out their WHY.

*Why they do what they do...*



Because I feel I can make  
a positive and

*empowering*

difference in the lives of the  
people I support. To  
witness the benefits of  
playing a role in helping  
people with disability is in  
itself fulfilling and  
rewarding. I truly believe in  
my heart that what I can  
give to people, I get much  
more in return. For me, this  
is the reason I do what I do.

**BRAD**





To see both participants and staff achieve their goals and *grow* as people.

*grow*

NIKKI



Having the chance to possibly make a

*difference*

in someones day or life, makes it worth it.

TYRONE





To make people feel as comfortable as possible and supported in their lives with their

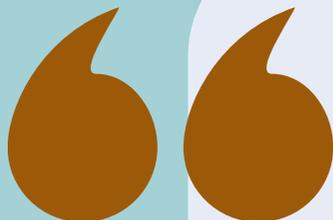
*choices* ””

whatever they may be.

JESS

So that I can be part of a truly amazing, kind, and understanding team that provide a place where people with a disability can become fearless and

*independent.*



JOANNE

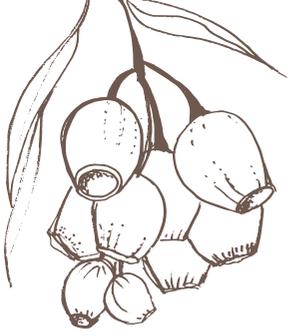




*Sandra is our Why*



YB Participant: Sandra  
with YB Support  
Worker, Charli.



To promote others and to work towards creating an

*inclusive*

community.

**BRADY**

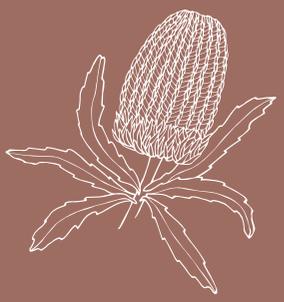


To interact with our participants, to help them reach their *goals.*



**VASSY**

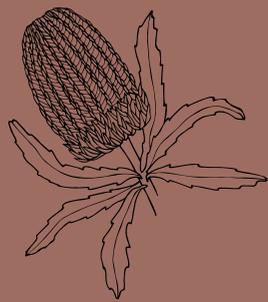




Phillip is our Why



YB participant Phillip laughing whilst at YB's S.T.A





To be the  
*voice*  
our  
participants need.  
**TALI**

To give back to my  
*community.*

To genuinely make a difference  
in people's lives.



**DEBBIE**



# YOUTH SUMMIT



Yumba Bimbi Support Services participated in the very first **Central Highlands Youth Service Providers Network Summit**. The day comprised of a very memorable guest speaker Luke S. Kennedy who is inspiring people to live their best lives, as well as a local cohort of health care professionals and organisations whose focus is on meeting the goals, health, and wellbeing of our teens. We look forward to further collaboration with our local community members to ensure optimal outcomes for all teens in the Central Highlands.

*Did you know  
for the year  
2021*

**Wow!**

**15,025**

is the number  
of shifts  
allocated  
to support our  
YB participants

**47,098**

is the number of  
hours allocated  
towards these  
supports

**Recently released**

# THE AUSTRALIAN GOVERNMENT

## DISABILITY EMPLOYMENT STRATEGY

# **Employ my ability**

**Yumba Bimbi welcomes the recently released disability employment strategy and encourages all members of the community to read this insightful and informative paper.**

**YB's mission is to build inclusive communities. This strategy highlights the many strengths and capabilities of people living with disability and the valued contribution they bring to a workplace. Let us learn more about inclusive practices starting by [clicking here](#).**



**Australian Government**



*"There is no must  
in art because  
art is free."*

Wassily Kandinsky

Kirra, YB participant painting at an  
Open Your Art workshop with  
YB Support Workers and peers.

# iNspired by the arts

Kirra loves the arts. Along with her YB friends, the request to engage in creative expression led YB to develop a Creative Minds group program which has been running successfully over the last few years. YB participants are able to learn, grow and explore the arts by engaging in a variety of experiences. These experiences include sessions at one of our service sites delivered by YB Support Workers; Open Your Art workshops; as well as attending the local council's Art Gallery. Kirra comments, "I love being part of YB programs like Creative Minds. Also, when we visit the Art Gallery it gives me a lot of ideas." Kirra acknowledges art lessons at school, as well as her Grandmother's influence as contributors to building her understanding of art. Like many people in the world who find great comfort in the arts, Kirra expresses,

“ART DESCRIBES  
MY PERSONALITY  
AND IT CLEARS  
MY MIND.”

Kirra continues, "I like to express my creativity. I have an idea in my head that I visualise and then I put it on paper." Kirra is particularly interested in the works of Michelangelo, and Leonardo da Vinci, both Italian artists from the 15th century. She says, "I like classic, vintage paintings such as the Mona Lisa". Kirra's deep interest in this style of art has created a desire to travel to Italy. She explains, "If I go to Italy I would love to see the art galleries and especially the painting -The Last Supper." In the meantime, Kirra will continue to gain inspiration and knowledge from her YB Creative Minds group, local workshops, and visits to the Central Highlands Art Gallery.



From top left: Courtney. Top middle: Mel. Below middle: YB Senior Support Worker Steph with Bec. Below: Lou. All participating in the Open Your Art Workshop.

# JOIN OUR TEAM!

## *At The Gemfields*

**MULTIPLE SUPPORT WORKER  
POSITIONS AVAILABLE**

Contact [careers@ymbabimbi.com.au](mailto:careers@ymbabimbi.com.au)





NDIS Quality  
and Safeguards  
Commission

# NDIS News

## SELF-MANAGED PARTICIPANTS

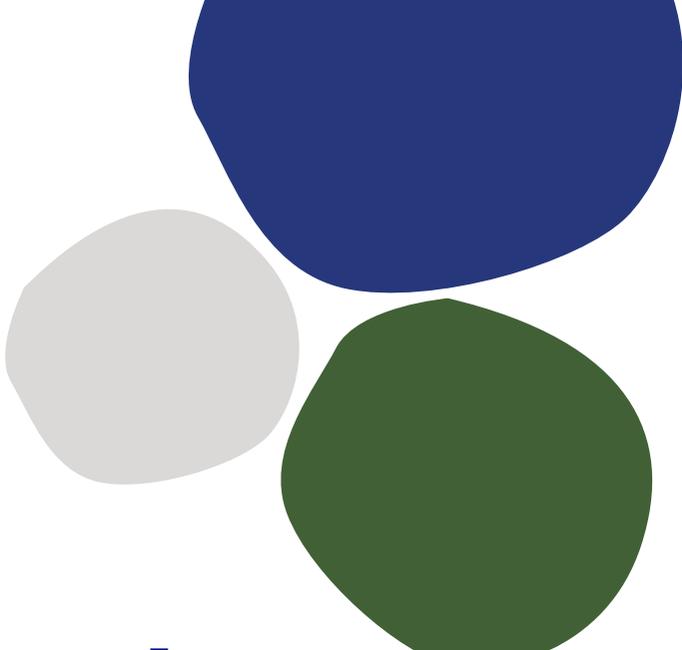
NDIS has released the 'my NDIS' app to give self-managed participants another way to make and manage claims. Working in consultation with NDIS participants, the new app is accessible and user-friendly.

- To learn more about the my NDIS app please [click here](#)
- To download the my NDIS app on the Google Play store please [click here](#)
- To download the my NDIS app on the Apple store please [click here](#)



## NEW NDIS PRICING ARRANGEMENTS AND PRICE LIMITS.

(Previously known as the NDIS Price Guide assist) please [click here](#) to find out more.



# Our Services

**CENTRE-BASED  
GROUPS**

**ASSISTANCE WITH  
SELF CARE**

**ASSISTANCE WITH  
DAILY LIVING**

**GROUP-BASED  
COMMUNITY SUPPORT**

**IMPROVED DAILY  
LIVING SKILLS**

**IMPROVED HEALTH  
AND WELLBEING**

**INCREASED SOCIAL  
AND COMMUNITY  
PARTICIPATION**

**PLAN  
MANAGEMENT**

**TRANSPORT**

**IMPROVED LIFE  
CHOICE**

**SHORT-TERM  
ACCOMMODATION**

**SUPPORT-  
COORDINATION**

**ASSISTANCE TO  
ACCESS THE  
COMMUNITY**

**24 HOUR  
SUPPORTED  
ACCOMMODATION**

Can you solve the



# *riddles*

from our Professional Development day?

At YB, we believe the aim of a Professional Development day is to positively challenge our thinking, open up new possibilities to service delivery and, incorporate some fun! ...so we sent our colleagues on a little riddle hunt!

*Answers are upside down on the bottom left of the page.*

## RIDDLE 1

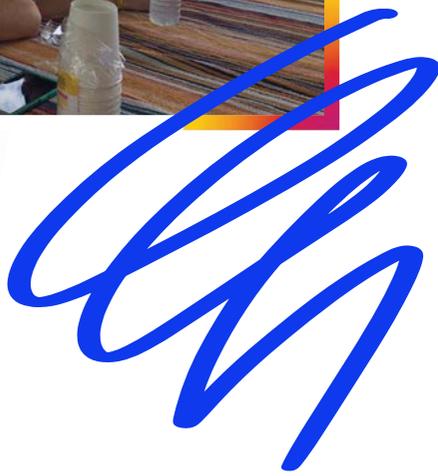
I am 100 years old. I rhyme with ark. I have thousands and thousands of me waiting for you. I rhyme with chief.

## RIDDLE 2

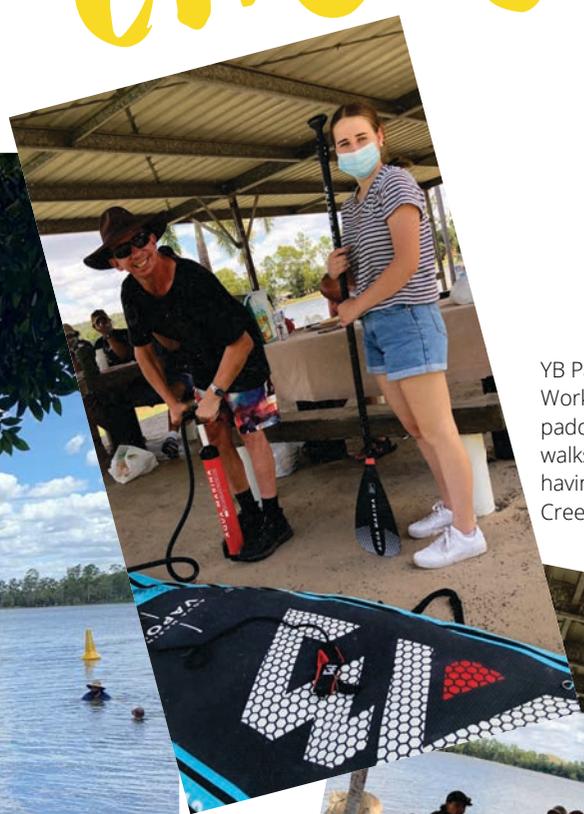
I am a name and a place. I am the colour of the night and the sunset.

Come and find me. There will be someone 'weighting' to give you your next clue.





# fun in the sun



YB Participants and Support Workers enjoying their time paddle boarding, taking walks, playing games and having a picnic at Theresa Creek Dam.





*At Theresa Creek Dam*



MARTIN BROAD:

*Always*  
in pursuit of  
**MORE**



Martin Broad continues his quest to learn more, do more and be more. His need for ongoing personal growth is why, with the help of YB Support Workers, he applied for the Emerging Leaders Program through the not-for-profit organisation **Queenslanders with Disability Network (QDN)**. Alongside 20 other successful candidates, Martin engaged in monthly training sessions (face-to-face meetings and online), mentorship, participated in community activities to develop critical thinking, explored leadership theory practice and techniques, held inquiring conversations, built relationships, and connected with established leaders. There was an enormous amount of learning in the 10 month program.

"I was very  
honoured and privileged  
to be accepted."

Martin

## WHAT IS THE EMERGING LEADERS PROGRAM

The Emerging Leaders Program is a leadership development program for people with disability. It supports emerging leaders to:

- build capacity and develop the skills and confidence to contribute to their community,
- lead change in their lives and their community,
- create a more inclusive community, and
- inform, connect, lead and influence.

Taken from the QDN website



Amanda Don, (YB Client Services Coordinator - Accommodation) is one of a team of YB employees who have supported Martin throughout the QDN process. Amanda was central in bringing together Martin's Emerging Leaders Application.

Through Martin's supports at YB, the administrative load such as reading and responding to emails, noting key dates, and organising his travel has helped Martin immensely. It was also endearing to see Martin choose Connie, a previous YB employee (who relocated from Emerald and started a business as a sole trader for NDIS participants), to be his Support Worker for the QDN trip. Amanda states, "Connie knows Martin well." This made certain Martin was comfortable and confident in the supports he would receive throughout his time in Brisbane.

Collectively, the team at YB and Connie has helped Martin take another step in the direction of being a paid speaker. Martin explains,

**"I CANNOT TELL YOU HOW MUCH YB MEANS TO ME. YOU DO MORE THAN I CAN EVER THANK YOU FOR."**

Amanda elaborates on the benefits of the Emerging Leaders Program for Martin, "The course has opened up avenues for other opportunities for Martin." This includes developing new friendships from the program and becoming aware of other possibilities of ongoing improvements to his health. Angela who also has an acquired brain injury like Martin introduced him to a cognitive and functional rehabilitation unit called the Wings Wellbeing Centre in Brisbane. With Martin always in pursuit of more, he has eagerly signed up to an intensive block of rehabilitation through exercise therapy which he looks forward to attending in the near future. In Martin's eternally optimistic state, he is anticipating a positive outcome.

Spending time in Brisbane also cemented Martin's dream of living in a city. He comments, "I feel more at home in the city. I visited the casino, danced around at a nightclub, and went to a country music festival." Amanda continues to express the positive impact this experience has had on Martin. She says,

“ Martin has grown in confidence and knows what he really wants. He is more sure of himself and where he wants to be in his life.”

Participating in the QDN Emerging Leaders Program has been a success for Martin. Being part of such an empowering network of like-minded people has strengthened his ambition to share his story far and wide. His desire to warn people about the dangers of excessive drinking and his role of advocacy for people living with disability continues to be at the forefront of his purpose in life. He says,

*"We all need to be more accepting of people and lots more needs to be done to push for change. Change in people's minds about people with disabilities."*



Would you like Martin to present in front of your workplace, school or event? His inspirational story is not to be missed. Call Yumba Bimbi Support Services on 4987 7933 for further details.

PARTICIPATORY  
LEARNING  
USEFUL  
MULTIMEDIA  
EMERGENT

Various photos of Martin attending the Emerging Leaders Program.



# DO YOU WANT TO BE PART OF QDN'S EMERGING LEADERS PROGRAM?

## Are you interested in

- Building your leadership skills, knowledge, attributes and qualities
- Connecting with other emerging leaders to share your leadership learning journey
- Connecting with established and knowledgeable local and national leaders to learn from their experience
- Engaging in critical thinking and reflection about leading and making change happen
- Committing to being part of this program for 10 months

Then be sure to phone 1300 363 783 to find out more [click here](#).

*YB is excited to offer another year of*

# GROUP PROGRAMS

*Mondays*

## CULTURAL PROGRAM 9 AM TO 12 PM



The aim of the Cultural Program is to assist in the development of our participants' emotional, cognitive, social development as well as communication skills. The purpose of the program is to strengthen the unity of the group members by offering a wide variety of topics of interest; many of which will be chosen by the participants themselves. The program will relate back to participant goals and will ensure these goals are being met in a calm, inviting, and non-judgemental environment. There will also be a broad focus on mental and physical health and wellbeing, as well as "giving back" to our beautiful community.

## BOOK CLUB 1 PM - 2.30 PM



Book Club has been developed to assist with reading and writing skills. Read books, listen to audiobooks, discover secret worlds, solve mysteries, observe the adventures and journeys all hidden in books. Participants will be encouraged to step outside their comfort zone and read to their friends and potentially the audiences of Avalon residents and school kids!

## WALKERS CLUB 7 AM - 8 AM 4 PM - 5 PM IN WINTER



Movement is a great way to start your day, even better with friends! Join our walkers club who meet at the Botanical Gardens. Join us to smell the roses, get the blood pumping and the heart thumping. We are also opening this up to the community to allow for more networks and connections to form and flourish, just like your day.

## Tuesdays

### CREATIVE MINDS 9 AM - 12 PM



As with all sessions, this program has been developed according to participant goals and interests. With a variety of art mediums to explore, Creative Minds is a fun and social way to express a person's inner creativity. Participants will learn and develop a variety of skills, meet new people, and keep connected within the community. Some activities on offer will include cultural connections, sculpture, woodwork, science, nature studies and event planning, upcycle-recycle-recreate, material and textile creations, and more.

### DANCE AND DRAMA 1 PM - 3 PM



This program provides opportunities for participants to learn specific dance techniques as well as drama exercises and games to help build skills, confidence, and mobility. Participants will learn different dance styles which will be showcased at the end of the program. This program was designed to support growth for self-expression and self-awareness. It will be dramatic!

## Wednesdays

### GARDENING CLUB 10 AM - 12 PM



The Gardening Program has been created to allow participants to get in touch with their "roots." This will involve learning about different plants and how to care for them, looking at local fauna around their community, and creating a luscious green space for themselves. This program will also include independence skills such as general garden/yard maintenance, mowing, weeding, and floral arrangements.

### FITNESS/SWIM SQUAD 1 PM - 3 PM



Physical wellbeing is the objective of this program. Participants will be guided by professional trainers to engage in high quality exercises. These exercises will be modified and adapted to suit the needs of everyone. Physical movement is important for everyone; it builds strength, flexibility, increases stamina, and improves mental functioning. The opportunity to engage in seasonal swimming will also be included in this program. This is a fun, social, and inclusive program!

### PHOTOGRAPHY 4 PM - 7 PM



Photography is an expressive form of art. It is an avenue to express one's thoughts and mindset. The process of photography requires discovery, creativity, and concentration. Participants will use their own camera and with gentle guidance from a facilitator, participants will capture objects/people/landscapes that are of interest to them. Last year, the photography club completed family photos, maternity shoots, and retail shoots for local businesses.

Thursdays

## BAKING 9 AM - 12 PM



Participants will develop baking skills which will include handling equipment, creating sweet and savoury desserts, baking techniques, and kitchen safety. Practising literacy skills through reading recipes will also be part of the program. Participants are also encouraged to create their own desserts which helps with autonomy, decision-making, creativity, and self-satisfaction. Over the last year, participants completed catering opportunities, submitted entries to local shows and fundraisers.

## MEN'S CLUB 1 PM - 3 PM



This program was developed to support life skills for overall physical and psychological wellbeing. Individuals will strengthen community connections through volunteering at social events and activities. This will enhance feelings of self-worth and value. In addition to this, program facilitators will offer informative sessions where participants will engage in discussions relevant to them which will strengthen their social and personal values. This is a safe and supportive learning environment.

## WOMEN'S CLUB 1 PM - 3 PM



The Women's Club will offer a range of topics focusing on women's health, relationships, services, and rights. The setting is a safe place where all our participants feel comfortable and connected. The Women's Club will provide support, tips, and tools that will assist them in everyday life, developing social and communication skills, creating community connections, and ultimately achieving goals.

Fridays

## MINDFULNESS MATTERS 9 AM - 11 AM



The Mindfulness Matters session is designed for individuals who would like to gain greater self-awareness to manage emotions, increase communication skills, and understand relationships. Mindfulness Matters provides a supportive space to explore and develop skills to become a better version of yourself.

## COOKING 11 AM - 2 PM



A cooking program where participants will learn day-to-day cooking skills and techniques which are essential in achieving independence and confidence. Participants will also learn kitchen safety and cleaning in the kitchen. We will experience different recipes and cuisines from around the world.

## *Fridays continued*

SOCIAL CLUB  
(FORTNIGHTLY)  
5 PM - 10 PM



Community inclusion is of great importance for all. This program is ideal for participants who want to attend social gatherings or events such as trivia nights, karaoke, and cinemas for the purpose of meeting new people, building friendships, and participating in different experiences in the community.

## *Saturdays*

SOCIAL SATURDAY  
9 AM - 12 PM  
9 AM - 3 PM (ONCE A MONTH)



Social Saturdays have been developed to allow for more social outings and community access in and around Emerald. We will go out for a picnic, brunch, art classes, movies, and more. This allows for you to engage with your peers outside of regular programs, interact with the community. In addition to this, once a month we will be hosting a Social Saturday Out and About - this will allow for participants to head out of town to places such as Theresa Creek Dam, Capella Cultural Centre, and Springsure Mountains. This will generally be a 9am - 3pm day depending on location to allow for maximum enjoyment!

**ALSO**

PROJECT CLUB COMING SOON

CONTACT YUMBA BIMBI  
SUPPORT SERVICES  
ON 07 4987 7933  
TO MAKE YOUR  
BOOKINGS

Sometimes, it is in the goodbyes of our staff members that highlights the culture we strive to achieve in our organisation.

We are grateful for Ava's contribution.  
All the best Ava.



Dear Yumba Bimbi,

I am so thankful for all your efforts, this is the first time I have truly enjoyed coming to work! I had the greatest time working for Yumba Bimbi, not only did you guys support me and listened to my ideas but you checked up on me constantly!

If I could take everyone with me I surely would. You guys have taught me so much as well as the participants. I have so many skills that I never thought I would have/need and I am so grateful!

I have loved working with the participants at Yumba Bimbi. They have truly changed my life. To be able to enjoy life with them is the best gift imaginable.

I am going to miss everyone so much. Thank you so much for the opportunities you all have given me. I hope to do the same for you guys.

Much love, *Ava*

# WHAT'S YOUR STORY?

Do you think you have a story or idea to add to our Yumba Yarn Magazine? Are you advocating for people with disability in your school, workplace, recreational club or organisation? Have you made a difference to those living with disability to achieve equity? Then we would like to hear from you. Please email [admin@yumbabimbi.com.au](mailto:admin@yumbabimbi.com.au) to share your story. You may even feature in our Yumba Yarn Magazine and on our social media.



## Join us by BECOMING A YB MEMBER

Become a member of YB and join us in our mission to strengthen choice and life opportunities for people living with disability in open and inclusive communities.

The annual membership of Yumba Bimbi is \$5. Please visit our [website](http://www.yumbabimbi.com.au) to join.

Thank you 



# A NEW SPACE FOR ALL

Thank you to Kestrel Coal Resources for your generous donation to our Short Term Accommodation site. With the monies donated, YB introduced a pergola, day bed, lights, pots, and plants to create a space to enjoy throughout the year. We are excited to see the star jasmine plants grow which will soon cascade over the pergola, as well as see the hedges surrounding the pergola grow into their full size. We are certain this space will be used by our participants for many years to come.



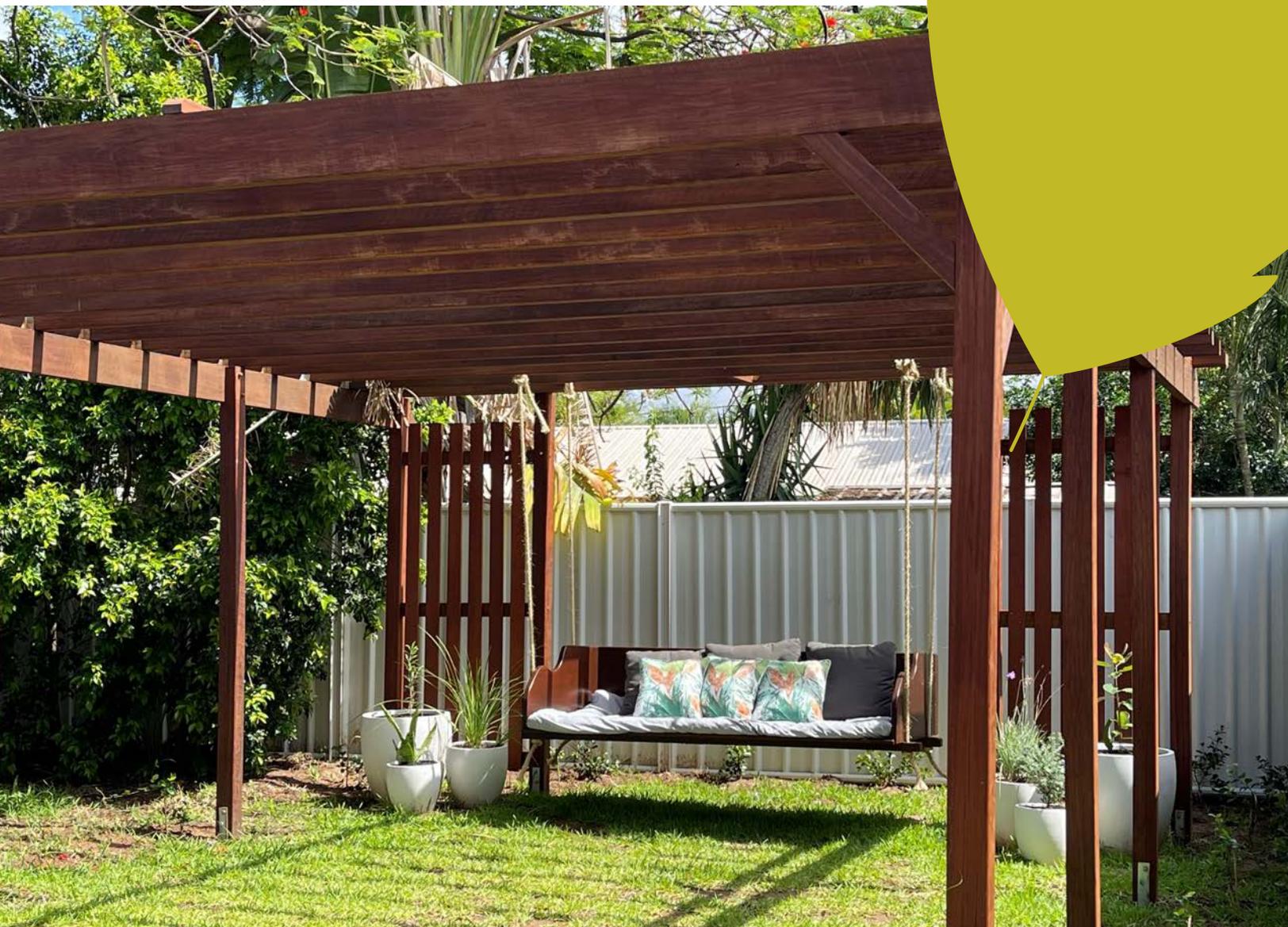
pots and plants



pergola with custom  
made swinging day bed

hedging along the  
back and side fence

star jasmine bushes  
planted along each post



*Yumba Bimbi Support Services*



# STATEMENT OF SERVICE USER RIGHTS

*Yumba Bimbi Support Services agrees that people with disability have the same rights as other members of Australian society.*

*Specifically:*

- A right to choose services appropriate to individual need
- A right to have information about other services that are available
- A right to receive services with equity and without discrimination
- A right to exit a service
- A right to a personal advocate of your choice to act or speak on your behalf
- A right to be treated as an individual, with dignity and respect
- A right to be treated with importance
- A right to be heard
- A right to the least restrictive alternative in the service you receive
- A right to a service that is flexible, to allow for change as your needs change
- A right to participate as fully as possible in decision making, choice and control of services received
- A right to information about services you receive
- A right to privacy, dignity and confidentiality in all aspects of life including access to your personal information
- A right to be supported and encouraged to participate and be included in the life of the community
- A right to be provided with opportunities to develop skills to participate in and achieve valued roles within the community
- A right to make a complaint without fear and to expect a resolution
- A right to be involved in planning, improvement and review of aspects of your service
- A right to be protected and safe from abuse and neglect
- A right to be involved in the recruitment and selection of support staff
- A right to be supported by staff who have the relevant values, skills and knowledge
- A right to be happy!

# Advertise with us!



THE YUMBA YARN IS A MAGAZINE DEVELOPED AND DISTRIBUTED BY YUMBA BIMBI SUPPORT SERVICES. YUMBA BIMBI SUPPORT SERVICES IS A NOT FOR PROFIT ORGANISATION BASED IN EMERALD, QLD. WE SUPPORT INDIVIDUALS WITH DISABILITY WITHIN THE CENTRAL HIGHLANDS AND WESTERN QLD REGIONS. THE YUMBA YARN IS DISTRIBUTED EVERY QUARTER TO LOCAL ORGANISATIONS AND BUSINESSES.

When you are part of our Yumba Yarn, the monies received through advertising is directed back into our programs and initiatives. Therefore you are directly supporting an individual with disability in our community.

Contact Head Office for further information on 07 4987 7933 or [admin@yumbabimbi.com.au](mailto:admin@yumbabimbi.com.au)



## BRUCE'S JOKE OF THE SEASON

WHY WAS THE SEAGULL UPSET ON VALENTINE'S DAY?

BECAUSE HE DIDN'T HAVE A GULL-FRIEND



## A MINUTE WITH

# Melissa

HERE ARE FUN FACTS FROM OUR FOREVER INQUISITIVE & INFORMATIVE MELISSA.

## Did you know?

1.

...The sun is 4.603 billion years old.

2.

...The earth is 4.543 billion years old.

3.

...The moon was formed by a planet (the same size as mars), colliding with earth.

4.

...This planet is called Thiea.



# **YUMBA BIMBI SUPPORT SERVICES**

**Providing supports for individuals with disability  
across the Central Highlands and Western Qld Region  
for over 20 years. Ph: 07 4987 7933**

