

**PROGRAM: Social Club****TIME: 1600 - 1900****DAY: Wednesday****FACILITATOR: Nikki Wood**

AIM: The aim of the Social Club program is to create opportunities for participants to connect with others, have fun, and feel a sense of belonging while taking part in engaging group activities that promote choice, independence and positive social interaction.

GOALS: (Relates to NDIA goals of clients)

- I want to be able to develop and maintain friendships and participate in community activities.
- I would like to access the community and broaden my social networks by meeting new friends and participating in a variety of activities.
- I want to continue to develop her social skills and build relationships with other using appropriate supports by participating in recreational activities in the local community.
- I want to improve her communication skills using appropriate supports so she can communicate better with people.
- I would like to have the skills I need to build positive relationships with others and develop age-appropriate friendships.
- To develop myself awareness and understanding of personal safety so that I can safely participate in social and recreational activities.
- I would like to increase my participation in the community and develop skills to live as independently as I can.
- I would like to increase my ability to access the community independently and feel safe and secure.
- Increased Community Access
- Developing Independent Living Skills
- Improved Social and Relationship Development
- Developing Concentration Skills
- Improving Overall Health and Wellbeing
- Increasing Independence

OUTCOMES:

- Greater Social and Interaction Skills
- Greater Capability of Building and Maintaining Respectful Relationships
- Increased Concentration
- Increased Confidence, Self Esteem and Self worth
- Increased Mobility (coordination, dexterity, gross motor skills, fine motor skills)
- Increased Community Connections



WEEK	TOPIC	WHAT TO BRING	COST
WEEK 1 DATE: 7.1.26	80's Bingo	Water bottle	\$5
WEEK 2 DATE: 14.1.26	TV/Cartoon Themed Trivia	Water bottle	\$5
WEEK 3 DATE: 21.1.26	Karaoke	Water bottle	\$5
WEEK 4 DATE: 28.1.26	Movie	Water bottle	\$5
WEEK 5 DATE: 4.2.26	Games Night	Water bottle, active wear/closed in shoes.	\$5
WEEK 6 DATE: 11.2.26	Just Dance	Water bottle, active wear/closed in shoes.	\$5
WEEK 7 DATE: 18.2.26	Bingo	Water bottle	\$5
WEEK 8 DATE: 25.2.26	Animal Themed Trivia	Water bottle	\$5
WEEK 9 DATE: 4.3.26	Karaoke	Water bottle	\$5
WEEK 10 DATE: 11.3.26	Movie night	Water bottle	\$5
WEEK 11 DATE: 18.3.26	Game Night	Water bottle, active wear/closed in shoes.	\$5
WEEK 12 DATE: 25.3.26	Just Dance	Water bottle, active wear/closed in shoes.	\$5

Please note \$5 cost will be saved towards some larger activities coming up in the winter months including a colour run.