



PROGRAM: The Press Club

TIME: 9:00 AM – 11:00 AM

DAY: Monday

FACILITATOR: Vasma Hassan

AIM: To empower individuals with learning disabilities by fostering their communication skills, building meaningful connections, and exploring the art of storytelling through journalism in a supportive and inclusive environment.

GOALS: (Relates to NDIA goals of clients)

- Stronger Social Connections
- Enhanced Communication Skills
- Increased Self-Confidence
- Understanding of Journalism
- Practical Media Experience
- Creative Expression

OUTCOMES:

○ Stronger Social Connections

Outcome Area: Social & Community Participation

Participants will develop meaningful social relationships by working collaboratively, participating in group activities, and engaging positively with peers.

○ Enhanced Communication Skills

Outcome Area: Communication

Participants will improve their verbal and non-verbal communication skills, including speaking clearly, listening actively, and expressing ideas confidently.

○ Increased Self-Confidence

Outcome Area: Choice and Control / Improved Daily Living

Participants will build confidence and self-esteem through sharing their opinions, contributing to group decisions, and receiving encouragement and feedback.

○ Understanding of Journalism

Outcome Area: Learning & Skill Development

Participants will gain foundational knowledge of journalism, including storytelling, asking questions, and sharing information responsibly.

○ Practical Media Experience

Outcome Area: Capacity Building – Skills Development

Participants will develop practical skills by participating in interviews, filming content, and contributing to media projects.

○ Creative Expression

Outcome Area: Social & Community Participation / Improved Wellbeing

Participants will explore creative self-expression by developing their own voice and ideas through media and storytelling.

**RESOURCES:**

Internet	
Personal mobile phones	
iPad/Computer	
Camera	
Canva – Pro Subscription	
AI program	
“Media Room”	
Materials prepared for the week	

❖ Please find attached Risk Assessment



WEEK	TOPIC	WHAT TO BRING	COST
WEEK 1 DATE: 5th Jan	Program Introduction & Team Foundations	Healthy snacks	NIL COSTS
WEEK 2 DATE: 12th Jan	Journalism Etiquette & Media Behaviour	Healthy snacks	NIL COSTS
WEEK 3 DATE: 19th Jan	Filming Basic	Healthy snacks Hat, water and sunnies (optional)	NIL COSTS
WEEK 4 DATE: 26th Jan	PUBLIC HOLIDAY		
WEEK 5 DATE: 2nd Feb	Planning a Video Story	Healthy snacks	NIL COSTS
WEEK 6 DATE: 9th Feb	Filming the Group Video – Part 1	Healthy snacks Hat, water and sunnies (optional)	NIL COSTS
WEEK 7 DATE: 16th Feb	Filming the Group Video – Part 2	Healthy snacks Hat, water and sunnies (optional)	NIL COSTS
WEEK 8 DATE: 23rd Feb	Introduction to Editing	Healthy snacks	NIL COSTS
WEEK 9 DATE: 2nd March	Voice & Presentation	Healthy snacks	NIL COSTS
WEEK 10 DATE: 9th March	Final Editing & Review	Healthy snacks	NIL COSTS
WEEK 11 DATE: 16th March	Screening & Reflection	Healthy snacks	NIL COSTS
WEEK 12 DATE: 23rd March	Looking Ahead	Healthy snacks	NIL COSTS