



**PROGRAM: Baking**

**TIME: 0900 - 1200**

**DAY: Thursday**

**FACILITATOR: Stephanie Munro**

**AIM:** To support people with disabilities to obtain independence through incidental learning of baking. This includes but is not limited to – budgeting, money handling, hygiene/health and safety practices in the home, measuring (maths), patience, following instructions, chemical reactions, fine motor skills (cutting, icing, mixing etc), focus, confidence, experiencing different taste/smells, sensory exploration and more

**GOALS: (Relates to NDIA goals of clients)**

- Independence
- Social engagement
- Increased focus
- Money handling
- Decision making
- Fine motor skills

**OUTCOMES:**

- To support people with disabilities to obtain independence through incidental learning of baking. This includes but is not limited to – budgeting, money handling, hygiene/health and safety practices in the home, measuring (maths), patience, following instructions, chemical reactions, fine motor skills (cutting, icing, mixing etc), focus, confidence, experiencing different taste/smells, sensory exploration and more

**RESOURCES:**

PPE – aprons, hairnets, gloves, closed in shoes	Bowls, spoons, measuring tools (cups/spoons/scales etc)
Recipe	Tins (loaf, muffins, cake etc)
Ingredients	Containers
As needed supplies dependent on recipe	

❖ Please find attached Risk Assessment



WEEK	TOPIC	WHAT TO BRING	COST
<b>WEEK 1</b> <b>08.01.26</b>	Choc chic cookies	Container for baking, morning tea, water bottle, closed in shoes	\$10
<b>WEEK 2</b> <b>DATE:</b> <b>15.01.26</b>	Jam Drops	Container for baking, morning tea, water bottle, closed in shoes	\$10
<b>WEEK 3</b> <b>DATE:</b> <b>22.01.26</b>	Shortbread	Container for baking, morning tea, water bottle, closed in shoes	\$10
<b>WEEK 4</b> <b>DATE:</b> <b>29.01.26</b>	Create Your Own Challenge (Biscuit)	Container for baking, morning tea, water bottle, closed in shoes	\$10
<b>WEEK 5</b> <b>DATE:</b> <b>05.02.26</b>	STAFF TRAINING DAY		
<b>WEEK 6</b> <b>DATE:</b> <b>12.02.26</b>	Flop proof cupcakes	Container for baking, morning tea, water bottle, closed in shoes	\$10
<b>WEEK 7</b> <b>DATE:</b> <b>19.02.26</b>	Sticky Citrus Cake	Container for baking, morning tea, water bottle, closed in shoes	\$10
<b>WEEK 8</b> <b>DATE:</b> <b>26.02.26</b>	Create Your Own Challenge (Cake)	Container for baking, morning tea, water bottle, closed in shoes	\$10
<b>WEEK 9</b> <b>DATE:</b> <b>05.03.26</b>	Marshmallow Fridge Tart	Container for baking, morning tea, water bottle, closed in shoes	\$10
<b>WEEK 10</b> <b>DATE:</b> <b>12.03.26</b>	Peppermint Crisp Fridge Tart	Container for baking, morning tea, water bottle, closed in shoes	\$10
<b>WEEK 11</b> <b>DATE:</b> <b>19.03.26</b>	Lemon Meringue Fridge Tart	Container for baking, morning tea, water bottle, closed in shoes	\$10
<b>WEEK 12</b> <b>DATE:</b> <b>26.03.26</b>	Create Your Own Challenge (Tart)	Container for baking, morning tea, water bottle, closed in shoes	\$10