

**PROGRAM: Baking****TIME: 0900 - 1200****DAY: Thursday****FACILITATOR: Stephanie Munro**

AIM: To support people with disabilities to obtain independence through incidental learning of baking. This includes but is not limited to – budgeting, money handling, hygiene/health and safety practices in the home, measuring (maths), patience, following instructions, chemical reactions, fine motor skills (cutting, icing, mixing etc), focus, confidence, experiencing different taste/smells, sensory exploration and more

GOALS: (Relates to NDIA goals of clients)

- Independence
- Social engagement
- Increased focus
- Money handling
- Decision making
- Fine motor skills

OUTCOMES:

- To support people with disabilities to obtain independence through incidental learning of baking. This includes but is not limited to – budgeting, money handling, hygiene/health and safety practices in the home, measuring (maths), patience, following instructions, chemical reactions, fine motor skills (cutting, icing, mixing etc), focus, confidence, experiencing different taste/smells, sensory exploration and more

RESOURCES:

PPE – aprons, hairnets, gloves, closed in shoes	Bowls, spoons, measuring tools (cups/spoons/scales etc)
Recipe	Tins (loaf, muffins, cake etc)
Ingredients	Containers
As needed supplies dependent on recipe	

❖ Please find attached Risk Assessment



WEEK	TOPIC	WHAT TO BRING	COST
WEEK 1 08.01.26	Choc chic cookies	Container for baking, morning tea, water bottle, closed in shoes	\$10
WEEK 2 DATE: 15.01.26	Jam Drops	Container for baking, morning tea, water bottle, closed in shoes	\$10
WEEK 3 DATE: 22.01.26	Shortbread	Container for baking, morning tea, water bottle, closed in shoes	\$10
WEEK 4 DATE: 29.01.26	Create Your Own Challenge (Biscuit)	Container for baking, morning tea, water bottle, closed in shoes	\$10
WEEK 5 DATE: 05.02.26	STAFF TRAINING DAY		
WEEK 6 DATE: 12.02.26	Flop proof cupcakes	Container for baking, morning tea, water bottle, closed in shoes	\$10
WEEK 7 DATE: 19.02.26	Sticky Citrus Cake	Container for baking, morning tea, water bottle, closed in shoes	\$10
WEEK 8 DATE: 26.02.26	Create Your Own Challenge (Cake)	Container for baking, morning tea, water bottle, closed in shoes	\$10
WEEK 9 DATE: 05.03.26	Marshmallow Fridge Tart	Container for baking, morning tea, water bottle, closed in shoes	\$10
WEEK 10 DATE: 12.03.26	Peppermint Crisp Fridge Tart	Container for baking, morning tea, water bottle, closed in shoes	\$10
WEEK 11 DATE: 19.03.26	Lemon Meringue Fridge Tart	Container for baking, morning tea, water bottle, closed in shoes	\$10
WEEK 12 DATE: 26.03.26	Create Your Own Challenge (Tart)	Container for baking, morning tea, water bottle, closed in shoes	\$10