

PROGRAM: Social Club

TIME: 1600 – 1900 DAY: Wednesday

FACILITATOR: Nikki Wood

AIM: Social Program in 2025 is a fun and social way to learn and develop skills, meet new people, and keep connected with the community. The program has been developed according to participants interests and goals and aims to include a broad range of topics and strategies to ultimately achieve participants goals.

GOALS: (Relates to NDIA goals of clients)

- o I want to be able to develop and maintain friendships and participate in community activities.
- o I would like to access the community and broaden my social networks by meeting new friends and participating in a variety of activities.
- o I want to continue to develop her social skills and build relationships with other using appropriate supports by participating in recreational activities in the local community.
- o I want to improve her communication skills using appropriate supports so she can communicate better with people.
- o I would like to have the skills I need to build positive relationships with others and develop age-appropriate friendships.
- To develop myself awareness and understanding of personal safety so that I can safely participate in social and recreational activities.
- o I would like to increase my participation in the community and develop skills to live as independently as I can.
- I would like to increase my ability to access the community independently and feel safe and secure.
- Increased Community Access
- Developing Independent Living Skills
- Improved Social and Relationship Development
- Developing Concentration Skills
- o Improving Overall Health and Wellbeing
- o Increasing Independence

OUTCOMES:

- Greater Social and Interaction Skills
- o Greater Capability of Building and Maintaining Respectful Relationships
- o Increased Concentration
- Increased Confidence, Self Esteem and Self worth
- o Increased Mobility (coordination, dexterity, gross motor skills, fine motor skills)
- Increased Community Connections
- Please find attached Risk Assessment



WEEK	TOPIC	WHAT TO BRING	COST
WEEK 37	Board Games	BYO snacks	\$5
DATE: 17.09			
	LOCATION: Car Club Shed		
WEEK 38	Bingo	BYO snacks	\$5
DATE: 24.09			
	LOCATION: Car Club Shed		
WEEK 39	Scav Hunt	BYO snacks	\$5
DATE: 01.10			
	LOCATION: Car Club Shed		
WEEK 40	Formal-but-Fun	BYO snacks	\$5
DATE: 08.10			
	LOCATION: Car Club Shed		
WEEK 41	Trivia	BYO snacks	\$5
DATE: 15.10			
	LOCATION: Car Club Shed		
WEEK 42	Outdoor games	BYO snacks.	\$5
DATE: 22.10			
	LOCATION: Car Club Shed		
WEEK 43	Disco – SUPER HERO	BYO snacks	\$5
DATE: 29.10	Nikki Away		
	LOCATION: Car Club Shed		
WEEK 44	Bingo	BYO snacks	\$5
DATE: 05.11	Nikki Away		
	LOCATION: Car Club Shed		
WEEK 45	Movie Night	BYO snacks	\$5
DATE: 12.11			
	LOCATION: Car Club Shed		
WEEK 46	Game Night	BYO snacks	\$5
DATE: 19.11			
	LOCATION: Car Club Shed		
WEEK 47	Trivia	BYO snacks	\$5
DATE: 26.11			
	LOCATION: Car Club Shed		
WEEK 48	Christmas movie	BYO snacks	\$5
DATE: 02.12			
	LOCATION: Car Club Shed		