



**PROGRAM: Baking Program**

**TIME: 0900 - 1200**

**DAY: Thursday**

**FACILITATOR: Stephanie Munro & Nikki Day**

**AIM:** To support people with disabilities to obtain independence through incidental learning of baking. This includes but is not limited to – budgeting, money handling, hygiene/health and safety practices in the home, measuring (maths), patience, following instructions, chemical reactions, fine motor skills (cutting, icing, mixing etc), focus, confidence, experiencing different taste/smells, sensory exploration and more

**GOALS: (Relates to NDIA goals of clients)**

- Independence
- Social engagement
- Increased focus
- Money handling
- Decision making
- Fine motor skills

**OUTCOMES:**

- To support people with disabilities to obtain independence through incidental learning of baking. This includes but is not limited to – budgeting, money handling, hygiene/health and safety practices in the home, measuring (maths), patience, following instructions, chemical reactions, fine motor skills (cutting, icing, mixing etc), focus, confidence, experiencing different taste/smells, sensory exploration and more

**RESOURCES:**

Aprons, hairnets, gloves, closed in shoes	Bowls, spoon, measuring tools (cups / spoons / scales)
Recipe	Tins (loaf, muffins, cake etc)
Ingredients	Containers
As needed supplies dependent on recipe	
Vacuum Sealer	

❖ Please find attached Risk Assessment



WEEK	TOPIC	WHAT TO BRING	COST
<b>WEEK 37</b> <b>DATE: 02.10.25</b>	Vanilla Slice	Container for baking, morning tea, water bottle, closed in shoes	\$10
<b>WEEK 38</b> <b>DATE: 09.10.25</b>	Pesto & Cheese Trees	Container for baking, morning tea, water bottle, closed in shoes	\$10
<b>WEEK 39</b> <b>DATE: 16.10.25</b>	Canning Fruit mince & Relish	Container for baking, morning tea, water bottle, closed in shoes	\$10
<b>WEEK 40</b> <b>DATE: 23.10.25</b>	White Christmas - Soak Fruit	Container for baking, morning tea, water bottle, closed in shoes	\$10
<b>WEEK 41</b> <b>DATE: 30.10.25</b>	Fruit Cake - Shop for hampers	Container for baking, morning tea, water bottle, closed in shoes	\$10
<b>WEEK 42</b> <b>DATE: 06.11.25</b>	Apricot balls & Short Bread	Container for baking, morning tea, water bottle, closed in shoes	\$10
<b>WEEK 43</b> <b>DATE: 13.11.25</b>	Microwave fudge + Rum balls	Container for baking, morning tea, water bottle, closed in shoes	\$10
<b>WEEK 44</b> <b>DATE: 20.11.25</b>	Coconut ice + Rocky Road	Container for baking, morning tea, water bottle, closed in shoes	\$10
<b>WEEK 45</b> <b>DATE: 27.11.25</b>	Fruit mince tarts	Container for baking, morning tea, water bottle, closed in shoes	\$10
<b>WEEK 46</b> <b>DATE: 04.12.25</b>	Hampers, Decorate, and pack box	Container for baking, morning tea, water bottle, closed in shoes	\$10
<b>WEEK 47</b> <b>DATE: 11.12.25</b>	Clean and Break-up party, plan next year	Container for baking, morning tea, water bottle, closed in shoes	\$10
<b>WEEK 48</b> <b>DATE: 18.12.25</b>	No Bake - Yumba Bimbi Fun Week!!!	Container for baking, morning tea, water bottle, closed in shoes	\$10