



PROGRAM: The Press Club

TIME: 1:00 – 3:00

DAY: Monday

FACILITATOR: Vasma Hassan

AIM:

Strengthen communication, creativity, and confidence through inclusive journalism activities, with a focus on podcasting and community storytelling this quarter.

GOALS: (Relates to NDIA goals of clients)

- Increasing participation in the community
- Improve communication skills
- Develop social skills and build relationships with others

OUTCOMES:

- **Improved Communication Skills**
Participants will develop stronger speaking and listening skills through active discussions, interviews, and podcast hosting.
- **Increased Confidence in Public Speaking**
By taking on roles such as podcast host, guest, and interviewer, participants will gain confidence in expressing their ideas and telling their stories.
- **Understanding of Podcast Production**
Participants will learn the basics of creating a podcast, including planning, scripting, recording, editing, and promoting audio content.
- **Experience in Inclusive Storytelling**
Participants will engage in meaningful conversations with fellow participants, inclusive employers, and YB staff, helping them understand the value of diverse voices in journalism.
- **Enhanced Teamwork and Social Interaction**
Working in small groups and podcast teams will help participants strengthen their collaboration, decision-making, and social engagement skills.
- **Basic Digital Media and Visual Design Skills**
Through activities like creating podcast posters and covers, participants will explore tools for simple visual storytelling (e.g., Canva).
- **Community Connection and Awareness**
Participants will build relationships with community members, develop awareness about inclusive employment, and explore local stories that matter.

RESOURCES:

Internet	Cyberlink Power Director 365
Personal mobile phones	“Media Room”
iPad/Computer	Microphone for podcast
Cameras	Tripods
Canva – Pro Subscription	TV

❖ Please find attached Risk Assessment



WEEK	TOPIC	WHAT TO BRING	COST
WEEK 26 DATE: 3rd July	Podcast Warm-Up & Skill Refresh	Notebook, water and healthy afternoon snacks	
WEEK 27 DATE: 10th July	What is a Podcast?	Notebook, water and healthy afternoon snacks	
WEEK 28 DATE: 17th July	Planning a Podcast Episode	Notebook, water and healthy afternoon snacks	
WEEK 29 DATE: 24th July	Podcast Prep Workshop	Notebook, water and healthy afternoon snacks	
WEEK 30 DATE: 31st July	PODCAST 1: Featuring a Fellow Participant	Notebook, water and healthy afternoon snacks	
WEEK 31 DATE: 7th August	Reflection & Group Discussion	Notebook, water and healthy afternoon snacks	
WEEK 32 DATE: 14th August	PODCAST 2: Interview with YB Staff Member	Notebook, water and healthy afternoon snacks	
WEEK 33 DATE: 21st August	Editing & Storytelling with Audio	Notebook, water and healthy afternoon snacks	
WEEK 34 DATE: 28th August	Podcast Promotion & Cover Art	Notebook, water and healthy afternoon snacks	
WEEK 35 DATE: 4th September	PODCAST 3: Employer Supporting Inclusion	Notebook, water and healthy afternoon snacks	
WEEK 36 DATE: 11th September	Reflection & Visual Storytelling	Notebook, water and healthy afternoon snacks	
WEEK 37 DATE: 18th September	Fun Activity: Podcast Game Show	Notebook, water and healthy afternoon snacks	
WEEK 38 DATE: 25th September	Podcast Field Visit or Special Guest Session	Notebook, hat, water and healthy afternoon snacks	