



PROGRAM: Social Club

TIME: 1600 – 1900

DAY: Wednesday

FACILITATOR: Nikki Wood

AIM: Social Program in 2025 is a fun and social way to learn and develop skills, meet new people, and keep connected with the community. The program has been developed according to participants interests and goals and aims to include a broad range of topics and strategies to ultimately achieve participants goals.

GOALS: (Relates to NDIA goals of clients)

- I want to be able to develop and maintain friendships and participate in community activities.
- I would like to access the community and broaden my social networks by meeting new friends and participating in a variety of activities.
- I want to continue to develop her social skills and build relationships with other using appropriate supports by participating in recreational activities in the local community.
- I want to improve her communication skills using appropriate supports so she can communicate better with people.
- I would like to have the skills I need to build positive relationships with others and develop age-appropriate friendships.
- To develop myself awareness and understanding of personal safety so that I can safely participate in social and recreational activities.
- I would like to increase my participation in the community and develop skills to live as independently as I can.
- I would like to increase my ability to access the community independently and feel safe and secure.
- Increased Community Access
- Developing Independent Living Skills
- Improved Social and Relationship Development
- Developing Concentration Skills
- Improving Overall Health and Wellbeing
- Increasing Independence

OUTCOMES:

- Greater Social and Interaction Skills
- Greater Capability of Building and Maintaining Respectful Relationships
- Increased Concentration
- Increased Confidence, Self Esteem and Self worth
- Increased Mobility (coordination, dexterity, gross motor skills, fine motor skills)
- Increased Community Connections



❖ Please find attached Risk Assessment

WEEK	TOPIC	WHAT TO BRING	COST
WEEK 13 DATE: 2.4.25	Paint and Sip 3PM start – 7pm Finish LOCATION: Car Club Shed	BYO Drink of choice, apron or old shirt to protect clothing.	\$25 to be paid week before.
WEEK 14 DATE: 9.4.25	Karaoke night LOCATION; The Hub Conference room	Dinner or snack for mealtime.	\$10
WEEK 15 DATE: 16.4.25	Movie night LOCATION; The Hub Conference room	Dinner or snack for mealtime.	\$10
WEEK 16 DATE: 23.4.25	Trivia Night LOCATION; The Hub Conference room	Dinner or snack for mealtime.	\$10
WEEK 17 DATE: 30.4.25	Bingo LOCATION: The Hub Conference room	Dinner or snack for mealtime.	\$5
WEEK 18 DATE: 7.5.25	Outdoor movie and homemade pizza LOCATION: Theresa St Courtyard	Water bottle, bug repellent and closed in shoes.	\$5
WEEK 19 DATE: 14.5.25	Campfire and story telling LOCATION: Theresa St Courtyard	Dinner or snack for mealtime.	\$5
WEEK 20 DATE: 21.5.25	Glow in the dark disco LOCATION: Theresa St Courtyard	Snack to share, must be sealed item.	\$5
WEEK 21 DATE: 28.5.25	Out to dinner LOCATION: TBC	Money for own meal.	Money for own meal.
WEEK 22 DATE: 4.6.25	Dam picnic LOCATION: Lake Maraboon	Water bottle, bug repellent and closed in shoes	\$5
WEEK 23 DATE: 11.6.25	Games Night LOCATION: Theresa St Courtyard	Dinner or snack for mealtime.	\$5
WEEK 24 DATE: 18.6.25	Karaoke Night LOCATION: Theresa St Courtyard	Dinner or snacks for mealtime.	\$5