



<b>PROGRAM:</b> Line Dancing	
<b>TIME:</b> 09:00 – 12:00	
<b>DAY:</b> Monday	
<b>FACILITATOR:</b> Antoinette Lilje	
<b>AIM:</b>	
<b>GOALS:</b> (Relates to NDIA goals of clients)	
<ul style="list-style-type: none"><li>○ Increased community access</li><li>○ Improving Overall Health and Wellbeing</li><li>○ Improving Social and relationship Development</li></ul>	
<b>OUTCOMES:</b>	
<ul style="list-style-type: none"><li>○ Improve concentration</li><li>○ Capability of Building and Maintaining Respectful Relationships</li><li>○ Greater social and interaction skills</li><li>○ Increased Mobility ( co-ordination, gross motor skills, fine motor skills)</li></ul>	
<b>RESOURCES:</b>	
Speaker	
Club shirts	
Spotify – Music	

❖ Please find attached Risk Assessment



WEEK	TOPIC	WHAT TO BRING	COST
DATE: 31 <sup>st</sup> March	Keep working on new and old dances taught from last year, start working on concert dances / Free time dancing/ dance off	Closed in shoes, lots of water, morning tea	None
DATE: 7 <sup>th</sup> April	Keep working on concert dances and keep working on other dances / Free time dancing/ dance off	Closed in shoes, lots of water, morning tea	
DATE: 14 <sup>th</sup> April	Keep revising dances taught, practice concert dances / Free time dancing/ dance off	Closed in shoes, lots of water, morning tea	
DATE: 21 <sup>st</sup> April	EASTER MONDAY		
DATE: 28 <sup>th</sup> April	New dance – Practice concert dances and keep working on older dances / Free time dancing/ dance off	Closed in shoes, lots of water, morning tea	
DATE: 5 <sup>th</sup> MAY	LABOUR DAY		
DATE: 12 <sup>th</sup> May	Reteach of new dance from last week and continue to practice concert dances and older dances / Free time dancing/ dance off	Closed in shoes, lots of water, morning tea	
DATE: 19 <sup>th</sup> May	Keep revising dances taught, practice concert dances / Free time dancing/ dance off	Closed in shoes, lots of water, morning tea	
DATE: 26 <sup>th</sup> May	Keep revising dances taught, practice concert dances / Free time dancing/ dance off	Closed in shoes, lots of water, morning tea	
DATE: 2 <sup>nd</sup> June	Keep revising dances taught, practice concert dances/ Free time dancing/ dance off	Closed in shoes, lots of water, morning tea	
DATE: 9 <sup>th</sup> June	Keep revising dances taught, practice concert dances / Free time dancing/ dance off	Closed in shoes, lots of water, morning tea	
DATE: 16 <sup>th</sup> June	Teach a new dance – and keep practicing for concert and revision of all dances taught / Free time dancing/ dance off	Closed in shoes, lots of water, morning tea	
DATE: 23 <sup>rd</sup> June	Reteach of new dance and keep practicing for concert and all dances revision / Free time dancing/ dance off	Closed in shoes, lots of water, morning tea	
DATE: 30 <sup>th</sup> June	Keep revising dances taught, practice concert dances / Free time dancing/ dance off	Closed in shoes, lots of water, morning tea	