

**PROGRAM: Baking****TIME: 9 - 12****DAY: Thursday****FACILITATOR: Stephanie Munro**

AIM: To support people with disabilities to obtain independence through incidental learning of baking. This includes but is not limited to – budgeting, money handling, hygiene/health and safety practices in the home, measuring (maths), patience, following instructions, chemical reactions, fine motor skills (cutting, icing, mixing etc), focus, confidence, experiencing different taste/smells, sensory exploration and more

GOALS: (Relates to NDIA goals of clients)

- Independence
- Social engagement
- Increased focus
- Money handling
- Decision making
- Fine motor skills

OUTCOMES:

- To support people with disabilities to obtain independence through incidental learning of baking. This includes but is not limited to – budgeting, money handling, hygiene/health and safety practices in the home, measuring (maths), patience, following instructions, chemical reactions, fine motor skills (cutting, icing, mixing etc), focus, confidence, experiencing different taste/smells, sensory exploration and more

RESOURCES:

Aprons, hairnets, gloves, closed in shoes	
Recipe	
Ingredients	
Bowls, spoon, measuring tools (cups/spoons/scales)	
Tins (loaf, muffins, cake etc)	
Containers	
As needed supplies dependent on recipe	

❖ Please find attached Risk Assessment



WEEK	TOPIC	WHAT TO BRING	COST
DATE: 3.4.25	Marshmallow fridge tart	Container for baking, morning tea, water bottle, closed in shoes	\$10
DATE: 10.4.25	Choc-chip cookies	Container for baking, morning tea, water bottle, closed in shoes	\$10
DATE: 17.4.25	Cheesecake - Easter Theme	Container for baking, morning tea, water bottle, closed in shoes	\$10
DATE: 24.4.25	No Shop challenge - Oats -Anzac Biscuits	Container for baking, morning tea, water bottle, closed in shoes	\$10
DATE: 1.5.25	Mars bar Slice	Container for baking, morning tea, water bottle, closed in shoes	\$10
DATE: 8.5.25	Mug cake (plus extra one for mum)		\$10
DATE: 15.5.25	Sausage rolls	Container for baking, morning tea, water bottle, closed in shoes	\$10
DATE: 22.5.25	Pasties	Container for baking, morning tea, water bottle, closed in shoes	\$10
DATE: 29.5.25	No shop challenge - Custard biscuits	Container for baking, morning tea, water bottle, closed in shoes	\$10
DATE: 05.6.25	Brownie	Container for baking, morning tea, water bottle, closed in shoes	\$10
DATE: 12.6.25	Chicken and corn pies	Container for baking, morning tea, water bottle, closed in shoes	\$10
DATE: 19.6.25	Apple pie	Container for baking, morning tea, water bottle, closed in shoes	\$10
DATE: 26.6.25	No shop challenge – Gelatine – Jelly Slice	Container for baking, morning tea, water bottle, closed in shoes	\$10