

# Decision Making and Consent Policy

Prepared by Centro ASSIST  
Version 1.0



**Yumba Bimbi  
Support Services  
Easy Read**

**Registered NDIS Provider**

building  
inclusive  
communities



## Hard words

This book has some hard words.



The first time we write a hard word

- the word is in **red**
  
- we write what the hard word means.



## You can get help with this book

You can get someone to help you

- read this book
  
- know what this book is about
  
- find more information.



## About this Document



This Document provides information about your rights to make decisions about your life.

Decision making is all about what **you** want.

You have the right to be respected and treated like other people.



In this document you will learn about:

- your right to make decisions about your life
- the meaning of consent
- how we help you to make decisions
- what happens during emergencies

Our job is to provide support in a way that makes you feel safe and comfortable.

If something makes you feel unsafe or uncomfortable, you can say no.



## When You can Make Decisions



You have control over your life. We are here to support you to make decisions. You can make decisions about:

- daily activities
- food and drink
- money
- household tasks
- hygiene (such as showering and brushing teeth)
- what help you receive from us
- medical visits and treatments
- taking medicine
- sharing your personal information.
- your friends and family
- your work
- where you live
- your safety

We will give you as much time as you need to make decisions.



## Consent

When you agree that something should take place, you are giving **consent**.

Before giving consent, you have to understand:

- what will be happening
- what you will have to do
- how the activity or treatment will make you feel better
- what might go wrong



You can make the decision all by yourself if you feel comfortable.

You can ask questions if you are unsure or want more information at any time.



## **Withdrawing Consent**

Withdrawing consent means that you are changing your mind.

If you feel uncomfortable about something that is happening, you can withdraw consent at any time.



## **The Law**

We always follow the rules set by the government to make sure you know your rights.

If you are 18 years or older you can make your own decisions and give consent.

If you are under 18 you can make some decisions as well. However, your parent or guardian may need to help you.

## How to give consent



You can choose how to give your consent and tell us your decisions. You can give consent by:

- using body language (such as pointing or moving your head)
- signing a piece of paper with a pen
- saying 'yes' or 'no'
- showing us a picture
- spelling out your answer.



Remember that the way you let us know about your decisions is up to you!

## Substitute decision makers

Sometimes you might need help to make a decision. You can ask a person you trust and they can give you advice.

You can talk to:

- your parents or guardian
- your support worker or carer
- your close friends and family
- An **advocate**.



A **substitute decision maker** may be used if;



- you do not have anyone to help you make decisions
- you are having trouble making your decisions

A substitute decision maker can help make informed decisions for you. Their job is to help you make good decisions that will improve your life.

## Emergency treatment

We will always help to protect you from harm.

If you are in an **emergency**, we may NOT ask for consent if:



- You are too hurt to give consent (for example, if you are not awake)
- The doctor believes the emergency treatment will save your life.
- You haven't told us that you do not want the treatment
- The person doing the treatment has looked at your care plans.





## More information

For more information contact the Yumba Bimbi Support Services.



Call 07 4987 7933



Email

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