

ISSUE 4 SPRING 2018



THE Yumba Yarn

YUMBA BIMBI SUPPORT SERVICES



A new way with words

Taylor introduces us to her communication device

Become a Y.B.
Community
Champion

Well Done
Jonathon
& Nathan!

Meet
our Board
of Directors



A message from the General Manager

Well, here we are at the end of our first year of transition to the National Disability Insurance Scheme. The pace of change has been both rapid and prodigious as the NDIS continues to unfold across the nation. Yumba Bimbi now operates in a highly complex and ever changing environment. We have been forced to swiftly and flexibly respond to the demands of the new business environment.

Partnerships have been and will continue to be, particularly crucial to Yumba Bimbi during the transition to the NDIS. Working with a wide range of partners enables Yumba Bimbi to achieve its fundamental goal – supporting people living with disability to live and play valued roles within their local communities.

In this edition we read Ashley's story. Ashley has worked for a number of years with one of our YB Community Champions - the Gateway Laundromat where the team have demonstrated that disability is not a barrier to employment.

Support for Yumba Bimbi is provided in so many ways through our many and varied YB Community Champions. Business partners provide increased opportunity for education, work experience and paid employment for Yumba Bimbi's participants; community partners provide increased access to inclusive social and recreational activities and life opportunities; fundraising partners such as corporate sponsors, donors, grant providers and volunteers— each play a crucial role in Yumba Bimbi's capacity to develop and deliver essential services, programs and resources to people with disability in the Central Highlands, Bowen Basin and Western Qld Region.

Thank you to all of our YB Community Champions who have worked with us this year and who have actively supported our vision to build inclusive communities. Your partnerships make it possible for Yumba Bimbi to continue to provide high quality and meaningful support services to people living with disability right across Central and Western Qld.

Rachel Freeman,
General Manager



4987 7933
shop 2/30 Hospital Rd, E
admin@yumbabimbi.com.au
www.yumbabimbi.com.au

**Yumba Bimbi Support Services
would like to acknowledge the Traditional
Owners of which our office and support services
are located. We pay our respects to Elders past,
present and emerging.**

Yumba Bimbi Support Services



Local people building communities for 20 years

NDIA registered provider of a wide
range of services including:

School Leaver Employment Support (SLES)

Finding and Keeping a Job

Early Childhood Supports

Travel/Transport

Support Coordination

Plan Management

In Home Support

Supported Independent Living (SIL)

Short Term Accommodation

Centre Based Group Life Skills Development Programs

Community Access and Social and Recreational Participation



Yumba Bimbi Support Services
PO Box 1607
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H.R. Officer:

DANIELE BARRY

We welcome Daniele Barry to the newly created Human Resources Officer Position. Due to rapid growth within the organisation over this past year, the need for such a key role was identified. Daniele has the qualifications, skills and passion in the field of Human Resources which will help to strengthen the organisation.

Congratulations!



BRUCE'S JOKE OF THE SEASON:

Why did the
echidna cross the road?
To see his flat mate!

A huge

THANK YOU

TO OUR DONORS IN THE LAST QUARTER

**Emerald
Co-Op**

Society Ltd

Jess

Earnshaw

Kestrel

Coal Resources

Arrow

Energy

**HOOPERS
STORE**

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Meats**

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AGRICULTURE

**NATIONAL
DISABILITY
SERVICES**

WOOLWORTHS

CRAVE

Theo's

cafe'

**Emerald
Office
National**

EVERY DOLLAR DONATED IS
DIRECTLY FUNDED BACK INTO OUR
PROGRAMS TO PURCHASE
RESOURCES AND EQUIPMENT.

THANK YOU!

NDIA

PARTICIPANT REVIEWS

What you should know



All participants have a plan review date specified in their plan by the NDIA.

Reviews of participants' plans must be conducted before the plan's review date.

The NDIA will review existing participant information. It is important for participants to contact all service providers for a progress report. This report is needed at the planning meeting.

The NDIA may also request additional information. This may include the need to undergo further assessments and reports conducted by appropriately qualified individuals. The NDIA will only request this information if deemed necessary for the purpose of reviewing a participant's plan. For example, if an older assessment does not accurately reflect a participant's current support needs, the NDIA will consider making a request for more information.

The NDIA will only reimburse participants for costs of obtaining assessments, reports or examinations if there was a direct request from the NDIA.

Once a participant's plan is reviewed, a new plan will be developed.

Reviews of a participant's plan will often vary in complexity and length depending on the specific circumstances of a participant, and the circumstances which prompted the review.

For example, reviews may be complex in nature and require the NDIA to perform a new support needs assessment, including re-assessing risks and safeguards and considering whether the appointment of a new or different nominee is necessary.

Reviews can also be brief and routine in nature. A phone call from the NDIA may suffice as a review.

The NDIA will use the plan review process to evaluate a plan's effectiveness in assisting the participant to move towards their individualised goals and aspirations. If participant's goals have changed, ensure the revised goals are presented at the planning meeting.

As you enter your first review and second plan, please remember that you do have the right to appeal decisions. If you think a decision made by the NDIA about you is wrong, you have the right to submit an application for internal review of a decision.

A request for internal review of a decision must be made within three months of receiving notice of the decision from the NDIA.

We, at Yumba Bimbi are more than happy to advocate, support and assist any person to request/appeal a review of funding or decision that has negatively impacted on their quality of life, social and economic participation and inclusion, and development.

Introducing Toby

Taylor's device is helping her to have a greater voice.



Technology can play a major role in supporting individuals across all areas of their lives. Through a new device, 'TobiiDynavox 1-12+', Taylor has successfully been able to increase her capacity to expressively communicate. The device is providing Taylor with a greater voice and with this, more autonomy.

Devices such as the TobiiDynavox 1-12+ are profoundly empowering for its users. Connie, a Yumba Bimbi Support Worker explains that through the use of this device, "it has enabled Taylor to express her needs in a more timely and effective manner. Through her eye movement, you are seeing more personality and you know more about how Taylor is feeling."

Taylor's eye gazes are the most effective way to communicate. Therefore, Taylor will look at the screen and through subtle movements, she will be able to focus on a particular word or picture to express her thoughts.

The device allows its users to personalise words and have a favourite word list. Connie states, "there is a snooze button and even a choice for 'sassy talk' which is a favourite for Taylor."

At Yumba Bimbi Short Term Accommodation, Taylor selects what she would like to do such as painting, shopping, getting nails painted, eating, drinking and using the bathroom. Taylor is also able to play games such as UNO on the device. The device promotes more inclusive practices which is Yumba Bimbi's mission, and, undoubtedly makes Taylor feel even more part of the group.

Taylor's 'yes/no' card still plays a key role in communicating however as Connie states, "it is lovely that the device gives Taylor a voice and makes her be more inclusive in conversations."

There is so much that the TobiiDynavox 1-12+ has to offer and Yumba Bimbi recognises the positive difference this is making in Taylor's life. Yumba Bimbi is glad to have been introduced to the communication device and we look forward to learning more with each visit Taylor makes to Yumba Bimbi Support Services Short Term Accommodation.

SUPPORT TAYLOR BY PURCHASING A FINANCIAL YEAR CALENDAR

\$20

Captured by Taylor Maree

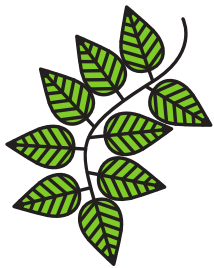
My name is Taylor Maree Hauff. I am 21 years old and have Rett Syndrome. I live on a cattle property near Blackall with my family where I enjoy taking photos. For my 2nd year calendar I have also chosen some photos of myself on the land which have been taken by my family. I am always encouraged and inspired to achieve my goals and enjoy life.

For every calendar purchased, \$2 will be donated to the Rett Syndrome Research to find a cure.

Thank you for your support!



Contact Yumba Bimbi Support Services on 4987 7933 to order a Financial Year Calendar



FRESH FRUIT AND MINT SALAD

Ingredients:

- 2 kiwis
- 1 mango
- 1 banana
- 2 navel oranges
- 3 tablespoons of honey
- 3-5 sprigs of fresh mint
- 1 cup of blueberries
- 1 cup of strawberries

method:

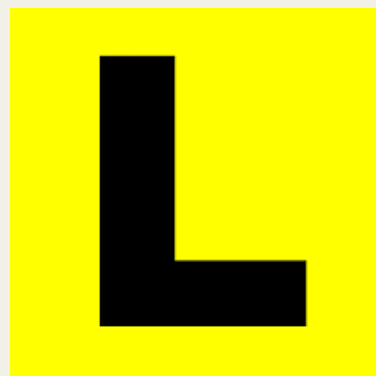
1. Take the skin off the kiwis, mango and banana. Be sure to also take the seed out of the mango. Cut the tips off the strawberries.
2. Dice all fruit into bite size pieces. Leave the blueberries whole. Place in a large bowl.
3. Cut the oranges in half and squeeze the juice over the bowl of fruit. Drizzle honey over the fruit.
4. Chop the mint and mix it through the dish.



NATHAN & JONATHON

Are on the road!

We invited Nathan and
Jonathon into Yumba Bimbi
Head Office to talk about
their latest achievement.



When Nathan expressed interest in gaining his licence, Yumba Bimbi Support Services offered assistance by developing a plan. It is through this guidance and mentoring, that Nathan successfully reached one of his goals.

With the plan in place, Nathan, alongside his Support Worker, Donna, started the learning journey. Respecting each persons unique way of learning, and knowing the optimal environment to thrive in, Donna encouraged Nathan to practise the

road rules during Yumba Bimbi's 'Mens Group' program. Donna stated, whilst at Yumba Bimbi, "Nathan would use the Yumba Bimbi IPAD. He would go through the online practice questions and would always come out of the room and tell us his score. Nathan felt most at ease with practicing the road rules questions in this group."

For about 6 weeks, Donna sat alongside Nathan, supporting him with navigating through the questions. Nathan then began practicing the road rules questions independently.



Jonathon (L) and Nathan (R)

Through practice, Nathan's scores began increasing. Donna stated, "once he consistently achieved a score of 22-25 out of 25, his confidence improved and he was ready to take the test. You could tell Nathan was becoming excited about going for his Licence, he would often discuss his progress with his peers in other Yumba Bimbi group programs. He also wanted to get his Licence before his friend, Katie, so that was a motivating factor!"

Working closely with Nathan, Donna was able to positively encourage Nathan to attempt the road rules test at Main Roads. Donna would often state

"T O D A Y I S T H E D A Y !"

and one day, Nathan replied "Okay!"

Tyrone, a Support Worker from Yumba Bimbi, attended Main Roads with Nathan. On this occasion, Donna had the role of picking both Nathan and Tyrone up from Main Roads.

I arrived at Main Roads to collect Nathan. It seemed he didn't get his Ls and then suddenly he had a huge smile on his face and, with arms outstretched, he said, "I GOT IT!!!"

"It was just typical of Nathan to have such a reaction, he is a big joker" said Donna.

When asked how he felt when first getting into a car, Nathan stated, "I was a bit nervous. I jumped into my Mother and Father's car and I drove around for a bit".

Jonathon, who also attends Yumba Bimbi's programs, had great enthusiasm towards gaining his Licence. Jonathon stated, "I felt quite confident." Whilst Jonathon achieved his goal independently, both men proudly discuss their achievements. Jonathon expressed the positive aspects of gaining his licence. "I always wanted to get it, it's useful. I can get a lot of stuff done."

Whilst Jonathon and Nathan used different avenues to accomplish a big life goal, Yumba Bimbi celebrates achievements made by all and are delighted to see the joy gaining a licence has brought both Nathan and Jonathon.

To Jonathon and Nathan, Well done! We look forward to seeing you both on the road soon.



Christmas Closure Dates

Service closure dates:
21st Dec - 7th Jan

Office closure dates:
21st Dec - 3rd Jan

COMMUNITY CHAMPIONS

THE GATEWAY LAUNDROMAT

The benefits of employment for all individuals in society are far-reaching. Employment provides individuals with independence, a sense of identity, a connection with the community they live in and an opportunity for people with disability to live an ordinary life.

The Gateway Laundromat is another local YB Community Champion actively working to build an inclusive and diverse workforce. The Gateway Laundromat acknowledges that employment opportunities for people with disability are an essential condition to equal participation in society.

Ashley has worked with the Gateway Laundromat team for the past two years assisting in the cleaning and preparation of linen for the Gateway Motel.

Ashley particularly likes working with the big machines such as the industrial washers and dryers. Work is something that Ashley really looks forward to as he is a valued member of the laundromat team and his work mates enjoy his friendly nature.

Ashley's supervisor, Karen, says, "I'm amazed by Ashley. I love seeing him every Wednesday morning coming in with a smile and giving me a hug. He loves all the machines, and loves to chat and make us laugh."



Ashley's Support Worker, Niamh, says that she has particularly enjoyed watching Ashley's growth in the workplace. "It is amazing to see Ashley's development from when he started his work 2 years ago – a new environment, new people and unsure of his tasks. Today, he walks in with confidence, and knows what he has to do and how he needs to do it. His social skills and communication have improved and he enjoys really positive relationships with his co workers. As a Support Worker, it is exciting to see Ashley reach his goal."

Thank you Gateway Laundromat, you are a YB Community Champion working to build inclusive communities!

Do you own
or operate a
business?

*Become a Y.B.
Community Champion*

If you are an employer and want to gain from people's different backgrounds, skills, abilities and life experience, contact Yumba Bimbi Support Services on 4987 7933.

TRANSITION TO EMPLOYMENT



ARE YOU A SCHOOL LEAVER?

School Leaver Employment Support (SLES) is a new support covered under the NDIS to help school leavers become ready for work.

The courses are SLES and NDIS funding friendly.

LOOKING GOOD & FEELING GREAT

learn what it takes to look good and feel great!

Course commences 04/02/2019
1.30pm–3.00pm
Term 1, 2019
Registrations close 25/01/2019

WORK READINESS

take part to find out how to become work ready!

Course commences 04/02/2019
3.30pm–5.00pm
Term 1 & 2, 2019
Registrations close 25/01/2019

LIFE SKILLS

set goals and learn to navigate effectively through life!

Course commences 29/04/2019
1.30pm–3.00pm
Term 2, 2019
Registrations close 22/04/2019

COMPUTER LITERACY

become confident with using a computer!

Coming Term 3

WORK, HEALTH & SAFETY

understand how to be safe in the workplace!

Coming Term 3

COMMUNICATION

learn ways to communicate with friends and people in the community!

Coming Term 4

MANAGING EMOTIONS

learn to cope with emotions such as anxiety, stress, anger, and much more!

Coming Term 4

YOUR MONEY, YOUR FUTURE

join us to develop your money handling skills!

coming soon

***Every monday during school terms.**
***Places are limited.**
***Contact Yumba Bimbi on 4987 7933 or admin@yumbabimbi.com.au**

Yumba Bimbi Support Services Board of Directors play an integral role in driving the strategic direction of the organisation. The diverse skills of our board members contribute to a strong, innovative and sustainable future for Yumba Bimbi.

Meet our **BOARD OF DIRECTORS**



GAI SYPHER: Chair

GAI COMMENCED WITH THE BOARD IN OCTOBER 2017.

GAI HOLDS A BACHELOR OF ARTS DEGREE, MAJORING IN SOCIOLOGY, WELFARE & ABORIGINAL STUDIES, GAI ALSO HAS A MASTERS DEGREE IN MANAGEMENT (HR). GAI GREW UP IN THE CAPELLA REGION AND CURRENTLY OWNS VERONICA DOWNS AT CAPELLA. GAI WORKED AT THE CQ UNIVERSITY FOR 18 YEARS PRIOR TO BEING ELECTED AS A CENTRAL HIGHLANDS REGIONAL COUNCILLOR IN 2012 AND AGAIN IN 2017.

GAI IS PASSIONATE ABOUT COMMUNITY ENGAGEMENT. GAI CONTRIBUTES TO THE BOARD THROUGH HER STRONG SKILLS IN GOVERNANCE. HER VISION IS TO HELP YB CONTINUE TO GROW WITH A STRONG BUSINESS MODEL THAT REFLECTS YB'S VALUES.



LYN BROWN: Treasurer

LYN HAS BEEN COMMITTED TO YUMBA BIMBI SINCE 2010, HOLDING THE POSITION AS CFS FINANCE OFFICER UNTIL 2014, LYN LATER WAS ELECTED AS TREASURER OF THE YB BOARD.

LYN HAS BEEN A LOCAL FOR MANY YEARS AND IS PASSIONATE ABOUT THE REGION. WITH A BACHELOR OF BUSINESS DEGREE, DOUBLE MAJORING IN ACCOUNTING AND HUMAN RESOURCES MANAGEMENT, LYN HAS USED THESE SKILLS IN A VARIETY OF WORKPLACES, THESE INCLUDE FINANCIAL AND LEGAL FIELDS.

SEEING PERSONALLY THE CHALLENGES FACED BY A CLOSE FAMILY FRIEND UPON RECEIVING A DIAGNOSIS FOR THEIR CHILD, LYN BECAME COMMITTED TO SUPPORTING YB'S MISSION OF BUILDING INCLUSIVE COMMUNITIES ALONG WITH STRONG COMMUNITY PARTNERSHIPS.



KERRY-LEE FERGUSON: Secretary

KERRY-LEE WAS ELECTED TO THE YB BOARD IN 2018.

AFTER COMPLETING A BACHELOR OF ARTS DEGREE, MAJORING IN JOURNALISM, KERRY-LEE EMBARKED ON A CAREER IN PRINT JOURNALISM. SHE HAS WORKED AS A WRITER AT THE CENTRAL QUEENSLAND NEWS AS WELL AS WRITING FOR CENTRAL HIGHLANDS REGIONAL COUNCIL AND VARIOUS OTHER ORGANISATIONS AND MAGAZINES. KERRY-LEE IS CURRENTLY THE ENGAGEMENT & COMMUNICATIONS OFFICER AT CQ UNIVERSITY EMERALD CAMPUS.

HAVING BEEN PART OF SEVERAL COMMUNITY GROUP COMMITTEES, BOTH LOCALLY AND AFAR, KERRY-LEE'S DESIRE TO GIVE BACK TO THE COMMUNITY LED HER TO YB, KERRY-LEE HOPES HER SKILLS WILL CONTINUE TO RAISE THE PROFILE OF YB IN THE COMMUNITY.



LEANNE THOMPSON: Board Member

LEANNE HAS BEEN PART OF THE YB COMMUNITY SINCE ITS CONCEPTION OVER 20 YEARS AGO. LEANNE HAS DEDICATED MANY HOURS DURING THIS TIME PARTICULARLY THROUGH FUNDRAISING ACTIVITIES.

WORKING IN EDUCATION AS A TEACHER'S AIDE, LEANNE IS ABLE TO SEE FIRST-HAND THE VALUE OF COLLABORATION AND QUALITY SUPPORT FOR INDIVIDUALS.

LEANNE'S PURPOSE IS TO HELP THE BOARD RAISE FUNDS WHICH ENABLES HER TO GIVE BACK TO THE COMMUNITY. LEANNE IS PASSIONATE ABOUT RAISING COMMUNITY AWARENESS ON THE VALUE OF PEOPLE WITH A DISABILITY AND HOW THEY CONTRIBUTE TO SOCIETY.



PETA MILLAR: Board Member

PETA WAS ELECTED TO THE YB BOARD IN 2016.

PETA HAS FORMERLY HELD ROLES AS A LEGAL SECRETARY, H.R. ASSISTANT, RETAIL ASSISTANT AND SMALL BUSINESS OWNER. CURRENTLY, PETA WORKS PART-TIME AS A RETAIL ASSISTANT AND A VOLUNTEER.

PETA IS AMAZED BY THE SERVICES YB OFFERS AND FEELS PROUD TO BE PART OF THE ORGANISATION. THROUGH HER FUNDRAISING EFFORTS, PETA BRINGS A HIGH LEVEL OF ENTHUSIASM AND HEART TO THE YB ORGANISATION.



BRAD STALLARD: Board Member

BRAD WAS ELECTED TO THE YB BOARD IN 2018.

BRAD HOLDS A POST GRADUATE DEGREE IN MANAGEMENT AS WELL AS VOCATIONAL QUALIFICATIONS IN PROJECT MANAGEMENT AND WORKPLACE HEALTH AND SAFETY. HAVING HELD A VARIETY OF POSITIONS WITHIN CENTRAL QLD UNIVERSITY INCLUDING ASSOCIATE VICE CHANCELLOR AND DISCIPLINE MANAGER FOR VOCATIONAL EDUCATION AND TRAINING. BRAD'S PROFESSIONAL BACKGROUND IN MANAGEMENT, ADMINISTRATION AND FINANCE IS PROVEING TO BE VALUABLE FOR THE YB ORGANISATION AS WE TRANSITION TO THE NDIS.

BRAD IS PASSIONATE IN ENSURING SERVICES FOR REGIONAL ORGANISATIONS IS LOCALISED AND SUSTAINABLE. BRAD'S KNOWLEDGE WILL ASSIST IN STRENGTHENING THE BOARD STRUCTURE IN FINANCE AND ADMINISTRATION.



CARMEL MARSHALL: Board Member

CARMEL WAS ELECTED TO THE YB BOARD IN 2018. CARMEL HOLDS A BACHELOR OF APPLIED SCIENCE (PHYSICS), AS WELL AS A GRADUATE CERTIFICATE OF BUSINESS (PHILANTHROPY AND NON PROFIT STUDIES).

CARMEL HAS HELD THE ROLE OF PLANNING AND DEVELOPMENT MANAGER AT CENTACARE CQ FOR THE PAST 9 YEARS. A KEY PART OF HER POSITION IS TO CREATE A VISION FOR LONG-TERM VIABILITY FOR SOCIAL AND ECONOMIC FACTORS INFLUENCING CENTRAL QUEENSLAND.

CARMEL BELIEVES A SMALL, SPECIALIST ORGANISATION SUCH AS YB, PLAYS AN IMPORTANT ROLE IN OUR COMMUNITY, PARTICULARLY IN RURAL AREAS. CARMEL'S KNOWLEDGE AROUND FUTURE CHANGE AND STRATEGY WILL HELP TO ENSURE YB IS A STRONG AND SUSTAINABLE ORGANISATION. CARMEL BELIEVES IT IS IMPORTANT TO PROVIDE COMMUNITY MEMBERS WITH CHOICES THAT ENABLE THEM TO WORK, LIVE AND SOCIALISE IN ORDER TO LIVE FULL AND VALUED LIVES, BEING PART OF THE YB BOARD WILL CONTINUE TO MAKE CERTAIN THIS IS A REALITY FOR ALL.

*"People will forget what you said,
people will forget what you did,
but people will never forget
how you made them feel"*

~ Maya Angelou ~

