

ISSUE 3 WINTER 2018



THE Yumba Yarn

YUMBA BIMBI SUPPORT SERVICES

**Kirra
reaching
goals!**

NATURE PLAY QLD

OFFICIAL
NATURE PLAY
QLD ACTIVITY
PROVIDERS

What do Yumba
Bimbi staff say
about our
organisation?

**YUMBA BIMBI:
2018 Peoples Choice
Community Heroes**



Rachel Freeman

A message from the General Manager

THANK YOU

KESTREL COAL

The Bush Discovery Project wishes to acknowledge and express thanks to Kestrel Coal. Funding from Kestrel Coal has allowed our Early Childhood Team to undertake Forest School Leadership training and Professional Development with UK based Forest School Learning Initiative Ltd. Without this funding, Yumba Bimbi Support Services, a not-for-profit organisation, would not be able to offer such programs to our community.

Sincerely,
Rachel Freeman
General Manager



4987 7933

shop 2/30 Hospital Rd, Emerald
admin@yumbabimbi.com.au
www.yumbabimbi.com.au

Yumba Bimbi Support Services
would like to acknowledge the Traditional
Owners of which our office and support services
are located. We pay our respects to Elders past,
present and emerging.

TRANSPORT

For many people with a disability, access to the community, social, recreational and economic participation is dependent on access to suitable transport. If you have transport included in your NDIS plan, we can assist you with travel to your activities within your community.

We have a variety of transport options for individuals and groups in our wheelchair accessible bus and fleet. We also offer transport on a fee for service arrangement.

Our transport services are available to those who need assistance with transport to and from:

- Your place of employment.
- Medical appointments.
- Everyday tasks such as shopping, banking, post office.
- Community access activities.
- Visiting Family and Friends.
- School and other educational facilities.



ndis

National Disability Insurance Scheme

Registered provider

NAN'S TOP TIPS FOR KEEPING YOUR PETS WARM IN WINTER:

1. Put a coat on your pet.
2. If you have an older pet, make a bed on the ground for him/her so that the ground is nice and soft.
3. An older pet may have arthritis, help them onto the bed.
4. Offer plenty of water.
5. Massage legs if you need to, this stimulates the blood vessels (cold weather can make bones stiff).
6. Make sure to wash blankets regularly so they do not smell.
7. Wash their winter coats as well.
8. If pets are inside, offer them a place to sit where it is sunny like a sun room.
9. At night, offer them a kennel as this provides shelter from the cold and rain.



Kirra's quick winter recipe

green pea soup with mint pistou

ingredients:

- 1 tablespoon olive oil
- 1 small leek (200g)
- 1 clove garlic, crushed
- 2 large potatoes (600g), chopped
- 3 cups (360g) frozen peas
- 3 cups (750ml) water
- 2 cups (500ml) vegetable stock

mint pistou:

- 2 cups fresh mint leaves
- 1/4 cup (20g) finely grated parmesan
- 2 tablespoons lemon juice
- 1 clove garlic, crushed
- 1/2 cup (60ml) olive oil

method:

1. Heat oil in a large saucepan over medium heat; cook leek and garlic, stirring for 5 mins until leek softens.
2. Add potato, peas, the water and stock; bring to the boil. Reduce heat to low; simmer for 10 minutes or until potato is tender. Cool 15 mins.
3. Make mint pistou. Blend or process soup until smooth. Return soup to same cleaned pan; stir over medium heat until hot.
4. Serve soup topped with mint pistou.

enjoy!



**Bruce's
joke of the
season:**

How many tickles does it
take to tickle an octopus?
ten-tickles!!!

WE ARE SO EXCITED
TO BE OFFICIALLY
ENDORSED BY

Nature Play Qld



COME TO OUR

Play in Nature Day!

yb

Wednesday 26th September
& Wednesday 3rd October
9.00-11.00
BOTANIC GARDENS, ROTUNDA END

\$10.00 per child
cash only on arrival

**Create with twine, sticks, clay, paint
and much more!**

What does it mean for Yumba Bimbi?

The play experiences we offer children during the school holidays align with the values of Nature Play Qld.

We are delivering a high quality, educational program with an emphasis on getting children back outdoors into nature!

Follow us on facebook and our website to keep up to date with our Play in Nature Dates!



Kirra in child care

Kirra is volunteering at
the Emerald Christian
College Kindergarten
to gain valuable life
long skills.



Kirra in the ECC
outdoor play area.

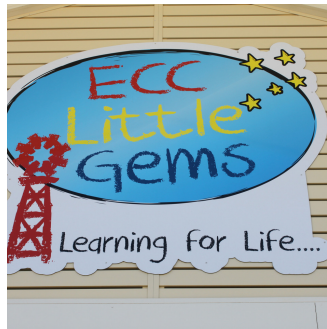
YUMBA BIMBI HAS HELPED KIRRA TO REACH HER GOALS

It seemed a natural progression for Kirra to source work experience in the field of Early Childhood, after all, she has been helping to look after children in her street since being in school.

Once Kirra finished school, she gained work experience at the P.C.Y.C. in Emerald. Her time in the child-minding area of the P.C.Y.C. affirmed working with children is where she wanted to be. Kirra demonstrated qualities favourable to the P.C.Y.C. management and was later offered a paid position. Once this opportunity naturally ended, Kirra discussed her goals with the team at Yumba Bimbi Support Services. She decided it was time to search for another workplace to continue to develop her skills in working with children.

After meetings with the staff at ECC Little Gems and Yumba Bimbi Support Services, it was decided Kirra could begin work experience on a weekly basis.

Since commencing her role as a volunteer at ECC Little Gems, Kirra has already increased in confidence. Kirra said, "I was a little nervous (to start) not knowing everyone but now I do."



"I enjoy the day, I love it"

What has helped Kirra to thrive is the guidance being provided by the team at ECC Little Gems. The educators provide Kirra with strategies to use when playing alongside children, such as how to initiate conversations, as well as modelling positive interactions with children.

"If I do not know something, I will go and ask. Everyone is very helpful," said Kirra. Through this supportive workplace, Kirra's confidence and sense of belonging has increased.

It is apparent Kirra has settled in well with her surroundings. The children enthusiastically approach her, ready for some play.

Tricia, the Early Childhood Educator at ECC said, "Kirra interacts well with the children, the kids love her and she doesn't mind helping. She is keen and eager."

"The children want to see her and say hello"

Engelie, also an Early Childhood Educator at ECC, has stated that "Kirra, in her short time at ECC, has already demonstrated growth. With a consistently positive attitude, she is adopting more responsibility in the room and is also helping to guide children in the right directions with their play."

We thank ECC Little Gems for giving Kirra this opportunity and we look forward to her continued growth.

YUMBA BIMBI **STAFF:** GRETCHEN

Gretchen is a go getter who loves being active. She enjoys soccer, running and participates in boxing. Gretchen also loves reading, going to the movies and music. She was once a base guitarist in a band!

Gretchen is a fast learner who isn't afraid of hard work. She is honest, reliable, easy going and very approachable. She has a great sense of humour and is fun!

Gretchen has a strong focus on the importance of health and fitness in daily life. She particularly enjoys assisting people with disability to connect with and actively participate in the community as a means of building inclusive communities.

**"family is where
we learn within,
the community is
where we grow"**



Doctor of Dental Medicine
Masters of Clinical Counselling
Bachelor of Human Biology
Diploma of Early Childhood Education
Mental Health Practitioner
Current First Aid and CPR

NDIS Information & Support Hub



Your Local NDIS Registered Provider
Working with local people
to build inclusive communities

4987 7933

DISABILITY SUPPORT WORKER

POSITIONS AVAILABLE

Yumba Bimbi Support Services has a number of Disability Support Worker positions available. We are seeking dynamic and dedicated team members who have a strong desire to have a positive effect in people's lives and a commitment to supporting and promoting their individual needs, skills, abilities and goals.

Applications from people who have skills, experience and qualifications in Disability and Human Services, Child Care, Education and Allied Health will be looked at favourably.

This role involves shift work. Successful applicants must have a current drivers licence and the ability to obtain a Criminal History Screening Positive Notice, Blue Card and full First Aid certification.

If you are interested in a rewarding career in the Community Services sector, please email your expression of interest and resume to: admin@yumbabimbi.com.au



When asked at a recent staff training and professional development day, what it is about working for Yumba Bimbi that our colleagues most enjoy? This was their response...

What did you say

**"The ability to make a difference
in peoples lives"**

"always friendly and helpful"

**"accommodating to
clients needs"**

"the challenges
and opportunity
for growth"

"MOVE IN THE DIRECTION
FOR THE BENEFIT OF THE
PEOPLE WE SUPPORT"

**"I LOVE OUR PRESENCE IN
THE COMMUNITY AND THEIR
ACCEPTANCE"**

"supportive and encouraging"

**"we make
clients happy"**

**"CARE FOR EACH
OTHERS WELLBEING"**

"I love our team work and
creative problem solving"

"the team culture"

"overall warmth and
friendliness"

"family friendly"

"being chosen to be in our clients
journey through their life"

"the challenges
and opportunity
for growth"

"laughing with each other"

"lots of different
people to
interact with"

"cater to all needs"

"always meeting and
learning different things"

about Yumla Biml:?

"a supportive and loving workplace"

"work well as a
team"



"helping clients
achieve their goals"

"I LOVE WORKING WITH
SUCH A DIVERSE CROWD
OF PEOPLE"

"ENSURE ALL OUR
CLIENTS ARE
INCLUSIVE IN THE
COMMUNITY"

"COME UP WITH
SOLUTIONS TO
PROBLEMS"

"positive energy"

"clients are amazing,
no two people are the
same"

"the opportunity to inspire
change in someones life"

"so understanding"

*"I love the care and love
that is present between
all staff and clients"*

My Health Record

My Health Record is an online summary of your key health information. It brings together health information from you, your healthcare providers and Medicare. This can include details of your medical conditions and treatments, medicine details, allergies, and test or scan results, all in one place.

In 2019, you will get a My Health Record unless you opt out by 31 January 2019. Learn more about My Health Record: <http://bit.ly/MHRBenefits>



Keep track of your
important health information
all in one place

~~Disability~~

*always look at what I can do

we are
2018

COMMUNITY
HEROES!

Thank you for your
nominations, we had
a great evening
celebrating with
local businesses

Left: Rachel (General Manager) with Peta Millar (Board Member) accepting 1 of 2 2018 Peoples Choice Awards.



Comments, Compliments & Complaints

We value your feedback on a positive experience you have had with us or how we can improve our services. We also want to know if you are not happy with the support you have received so we can address your concerns in a timely and appropriate manner.

There are many ways you can provide comment on our service. Please call and speak with one of our team or arrange a time to meet and discuss your concern.

You can also use the "Contact Us" form available on our website, send us an email or write us a letter.

If you are not satisfied with the way we work with you to resolve a complaint, you can also contact

Qld ombudsman
phone: 1800 068 908
www.ombudsman.qld.gov.au

